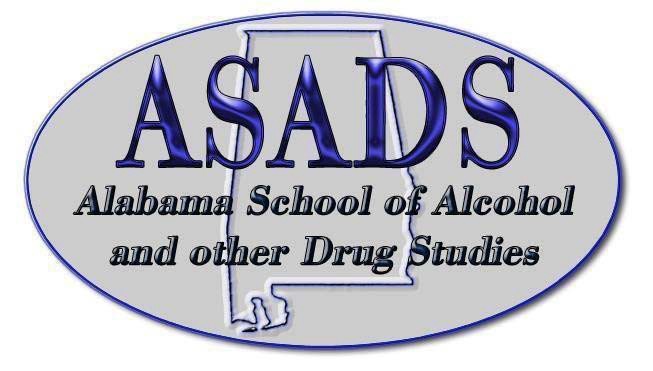
**46th Annual**



**March 22 – 25, 2022**

Bryant Conference Center

Tuscaloosa, AL



After a one-year hiatus, the Alabama School of Alcohol and Other Drug Studies **(ASADS)** is bringing back the much-loved and well-attended annual conference on March 22-25, 2022. **ASADS**’s 46th Annual conference will take place at the Bryant Conference Center on the campus of the University of Alabama. This year’s theme is “***Healing Hearts and Minds***”. You can look forward to vibrant programming, impactful networking, and opportunities to reflect and connect over the emerging and salient topics.

**ASADS** is hosted annually by numerous state agencies, treatment/prevention programs, community partners, and primary health care providers. This year ASADS will offer a special plenary speaker each day, and over forty courses throughout the week, along with one very special presentation of the Carl Nowell Award.

The **ASADS** Board consists of up to twenty-three members, which plan and operate the annual conference. Planning is conducted for twelve months to provide the best workshops possible for attendees. Registration fees, exhibit fees and corporate sponsorships are used to pay for the faculty and expenses of the conference. Workshop content, conference materials, logistical support, and breaks are all provided. Members of the Board serve as volunteers to coordinate the conference. Each co-hosting agency contributes the time of board members and assists with publicity and printing.

The objectives of **ASADS** are to:

1. Foster and maintain the integrity of substance abuse-related services by assisting professionals whose duties include law enforcement, or prevention, intervention, treatment, victim services, and rehabilitation or related social services.
2. Promote a broader understanding of response to, and acceptance of, the process of addiction and its impact in the areas of health, family, community, crime, and the workplace.
3. Encourage the exchange of professional knowledge through educational conferences and programs of continuing education.
4. Encourage, establish, and maintain high standards of professional education and training for all component groups of the human service community.
5. Involve federal, state, and local agencies/organizations in efforts to enhance the development of comprehensive continuing educational programs focusing on substance abuse issues.
6. Disseminate knowledge and information concerning the training and continuing education program.

**ASADS** wants to ensure that our event will be safe for all. **ASADS** will follow the Bryant Conference Center guidelines and observe any health and safety precautions that the site may require.

**Thanks for choosing *ASADS*.**

**We look forward to seeing you again!**

**ABOUT THE 2022 PROGRAM**

**WHO SHOULD ATTEND?**

The **Alabama School of Alcohol and Other Drug Studies (ASADS)** is designed to meet the continuing educational needs of professionals involved in the enforcement, prevention, identification, assessment, treatment, and rehabilitation of chemical dependency, including:

Certified Addiction Professionals Child Protective Staff

Licensed Professional Counselors Correctional Personnel

Court Referral Officers DUI Program Staff

EAP Managers Rehabilitation Specialists

Human Resource Professionals Law Enforcement Professionals

Clergy Nurses

Physicians Prevention Specialists

Probation/Parole Officers Psychologists

Educators School Counselors

Community Corrections Professionals Drug Education Coordinators

Social Workers Substance Abuse Treatment Staff

Trauma Counselors Court Referral Education Staff

Whether you are new to the chemical addictions field or an experienced professional, represent a public or private organization, or work in other related areas, you will benefit personally and professionally from this major educational event. Please note **ASADS** offers courses on prevention, treatment, recovery, and rehabilitation career fields.

**2022 ASADS BOARD OF DIRECTORS and ADVISORY BOARD**

|  |  |
| --- | --- |
| Angela Camp,President, Bradford Health Services | Jackie Hill Gordon, VA Medical Center-Tuscaloosa |
| Kathy House, Vice President, AL Dept. of Mental Health | Scott Holmes, AL Dept. of Youth Services |
| Mike McLemore, Treasurer, AADAA | Gail Hooper, Drug Education Council |
| Debbi Sims Metzger, Secretary, AL Dept. of Mental Health | Shona Johnson, AL Dept. of Corrections |
| Lucy Douglas, Parliamentarian, Sereno Ridge Recovery | Bridget Jones, AL Dept. Of Transportation-Training Bureau |
| Eddie Albright, NAADAC | Rachel Kiefer, AL Dept. of Public Health |
| Rebecca Bensema, AL Board of Pardons and Parole | Stephen Kiser, Walker Recovery Center |
| Lynn Boyd, Ph.D., Advisory Board Chair, AADAA | Rodney Maiden, Troy University |
| Courtney Dotson, AL Dept. of Rehabilitation Services | Abby Migliore, AL Board of Nursing |
| Necoal Holiday Driver, Advisory Board, Troy University | Donna Oates, AL Administrative Office of Courts |
| Vanessa Goepel, University of Alabama | Samantha Patterson, Magnolia Creek Treatment Center |
| Nikki Harris, SATTC, Morehouse School of Medicine | Greg Snodgrass, Cumberland Heights |

**GENERAL INFORMATION**

**TUITION**

Deadline for early registration is **March 14, 2022**. To provide a larger array of courses ASADS is now offering **HALF DAY COURSES**. Registrations will be accepted until the first day of the School; however, registrations post marked or faxed after **March 14, 2022** will include an increased fee. Please see registration fees below.

***Please Note: Many classes are filled prior to March 14, 2022. To ensure class of your choice register early!***

|  |  |
| --- | --- |
| **EARLY Registration: March 14, 2022 and prior** | |
| **4-day attendance** | **$440.00** |
| **3-day attendance** | **$380.00** |
| **2-day attendance** | **$260.00** |
| **1-day attendance** | **$135.00** |
| **Half Day attendance** | **$70.00** |

|  |  |
| --- | --- |
| **Registration: March 15, 2022 or after** | |
| **4-day attendance** | **$475.00** |
| **3-day attendance** | **$420.00** |
| **2-day attendance** | **$290.00** |
| **1-day attendance** | **$150.00** |
| **Half Day attendance** | **$80.00** |

**REGISTRATION INFORMATION**

Participants may register online at [www.asadsonline.com.](http://www.asadsonline.com/) We will also accept registrations by mail or fax for those who do not have internet access. Organizations may mail/fax a Purchase Order or Voucher for approval with names of participants identified. To request a registration form, contact the ASADS Office at 256-620-3304 or asadsalabama@gmail.com.

**REGISTRATION PRIOR TO SCHOOL**

When registering, please have your first, second and third choices for classes in mind. Every effort will be made to ensure participants are enrolled in their first choice; however, enrollment is limited, and reservations are made on a first‐come, first‐serve basis. **ASADS** reserves the right to cancel any course for which minimum enrollment is not reached. If a course is cancelled and a transfer is not possible, a full refund of the tuition fee will be made.

**ON‐SITE REGISTRATION INFORMATION**

We encourage you to register on‐line prior to the School and as early as possible so that you may attend the class(es) you need or desire to take. Registration will be held in the lobby of the Bryant Conference Center. If you have self‐payment, payment must be a part of your registration upon registration (See **“Week at a Glance”** schedule for registration opportunities).

**CANCELLATIONS AND REFUNDS**

Cancellations received after **March 6, 2022** will be subject to a 25% cancellation fee. No refunds are made after the program has begun. Participant substitutions are welcome. **ASADS** reserves the right to cancel or postpone classes in the case of a change or cancellation of an instructor.

**FOOD AND REFRESHMENTS**

Beverages and light snacks will be offered during break times.

**ASADS will provide lunch each day for participants who are staying the entire day.**

**Lunch will NOT be provided for participants who attend a one (1) half day course in a single day.**

**HANDOUTS**

**ASADS has gone green!** Therefore, **ASADS** will not provide copies of course handouts before or during the School. Participants may go to the **ASADS** website two weeks prior to the School start date to download and/or print handouts.

**SPECIAL NEEDS**

In accordance with the Americans with Disabilities Act, please contact Tom Mihokanich at (256) 595‐2219 or email [asadsalabama@gmail.com](mailto:asadsalabama@gmail.com) to let us know of any accommodation that might be needed so that we can assist you.

**CONTINUING EDUCATION HOURS**

Continuing Education (CE) is designed to recognize the efforts made by individuals who attend approved continuing education programs. Participants at this school can earn up to **27** contact hours. Participants attending courses, as documented by daily attendance, will receive a certificate upon completion of the approved courses by email. CE granting authority requirements state that certificates cannot be issued early or given to another participant and only those courses approved by the certification issuing authority will be approved.

**Professional Associations**

* Alabama Alcohol and Drug Abuse Association
* Alabama Alcoholism and Drug Counselor Certification Board
* Alabama State Board of Social Work Examiners‐0502
* National Board of Certified Counselors‐6600
* Certified Rehabilitation Counselor
* Alabama Board of Nursing‐ABNP 1475 **PARTICIPANTS MUST BRING THEIR NURSING CARD TO BE SWIPED THROUGH THE ELECTRONIC SCANNER ONSITE.**
* Alabama Psychological Association
* Alabama Board of Nursing Home Administrators

**Continuing Education (CE) Provider Statements**

 ASADS has been approved by NBCC as an Approved Continuing Education Provider, ACEP # 6600.

Programs that do not qualify for NBCC credit are clearly identified on the [Workshop Schedule](http://www.asadsonline.com/workshops.html). ASADS is

solely responsible for all aspects of the program.

This school is sponsored by ASADS and the Alabama Psychological Association (aPA). The Alabama Psychological Association is approved by the American Psychological Association (aPA) to sponsor continuing education for psychologists. aPA maintains responsibility for this program and its contents. Partial attendance, late arrival, or early departure will preclude the issuance of CE credits.

ASADS has been approved as a Continuing Education Provider with the Alabama Board of Social Workers and may offer approved clock hours for programs that meet Alabama Board of Social Workers guidelines.



The Alabama Department of Rehabilitation Services is approved by the Commission on Rehabilitation Counselor Certification (CRC) to sponsor continuing education credits for counselors. Sponsor number 00060639.

**Sign In Stations**

**Certified Rehabilitation Counselor (CRC/CRCC)** – All Counselors need to locate the ***“CRC/CRCC Signage Station”*** andcomplete the Course Completion Form at the end of each day.

**Alabama Board of Nursing (ABN)** – All nurses need to locate the ***“ABN Signage Station*”** and swipe their nursing license upon arrive and departure each day.

**aPA** forms will be available at the registration desk. To be completed after the end of each day by participant.

**Note:**  
Participants are responsible for selecting classes that meet the requirements of their certifying/licensing body for contact hours and renewal needs. If you have questions regarding the ASADS course content, contact Tom Mihokanich at (256) 595‐2219 or [asadstommiho@gmail.com](mailto:asadstommiho@gmail.com)

**LODGING**

***HOST HOTEL***: Special arrangements have been made with the Hotel Capstone, which is also next to the Bryant Center, for participants at a special rate of $125.00 for single, or double, plus tax. The hotel is located at 320 Bryant Drive, Tuscaloosa, Alabama 35401. Phone: (205) 752‐3200 or 1‐800‐477‐2262. Please indicate you are attending the **ASADS** School when making your reservation. This special room block and rate is reserved until **February 21, 2022**.The hotel reserves the right to discontinue the special rate after that date. You must bring your confirmation letter indicating you are registered for this School when you check in at the hotel to receive this special rate. One night’s deposit is required when making your reservation.

**ADDITIONAL HOTELS:** Additional rooms are available close to the Bryant Conference Center. Please refer to the following:

|  |  |  |
| --- | --- | --- |
| **Embassy Suites** | **Homewood Suites** | **Holiday Inn Express and Suites** |
| 205-561-2500 | 205-349-2727 | 205-464-4000 |
|  |  |  |
| **Hotel Indigo** | **Home2 Suites** | **Hampton Inn** |
| 205-469-1660 | 205-349-2002 | 205-553-9800 |

\*\* Please note these are “some” of the lodging options available to you. The Hotel Capstone is our contracted site based on location and ability to negotiate a special rate due to large number of reservations during the school.

**WEEK AT A GLANCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY**  **4:00 – 6:00PM**  **Registration** | **TUESDAY** | **WEDNESDAY**  ***ASADS T-Shirt Day*** | **THURSDAY** | **FRIDAY** |
| 7:00 – 8:00AM | 7:00 – 8:00AM | 7:00 – 8:00AM | 7:00 – 8:00AM |
| **REGISTRATION** | **REGISTRATION** | **REGISTRATION** | **REGISTRATION** |
| 8:15 – 9:15AM | 8:15 – 9:15AM | 8:15 – 9:15AM | 8:15 – 9:15AM |
| **Welcome** | **Welcome** | **Welcome** | **Welcome** |
| **OPENING SESSION** | **OPENING SESSION** | **OPENING SESSION** | **OPENING SESSION** |
| ***How to Eat an Elephant***  ***Presenter:***  ***Anthony Brooks*** | ***Music and the Brain***  ***in Recovery***  ***Presenter:***  ***John McAndrew*** | ***A Practitioner’s Guide To Medication Assisted Treatments for Alcohol Use Disorder***  ***Presenters:***  *Merrill Norton and*  *Maddie Marsh* | ***I Need A Boost***  ***Presenter:***  **Mansfield Keys** |
|  |  |  |  |
| 9:15 – 9:30AM  **BREAK** | 9:15 – 9:30AM  **BREAK** | 9:15 – 9:30AM  **BREAK** | 9:15 – 9:30AM  **BREAK** |
| 9:30AM – 12:30PM  **WORKSHOPS** | 9:30AM – 12:30PM  **WORKSHOPS** | 9:30AM – 12:30PM  **WORKSHOPS** | 9:30AM – 12:30PM  **WORKSHOPS** |
| 12:30 – 1:30PM  **LUNCH** | 12:30 – 1:30PM  **LUNCH**  ***Carl Nowell Award*** | 12:30 – 1:30PM  **LUNCH** | **Adjourn 12:30pm** |
| 1:30 – 3:00PM | 1:00 – 3:00PM | 1:00 – 3:00PM |  |
| **WORKSHOPS** | **WORKSHOPS** | **WORKSHOPS** |  |
| 3:00 – 3:15PM | 3:00 – 3:15PM | 3:00 – 3:15PM |  |
| **BREAK** | **BREAK** | **BREAK** |  |
| 3:15 – 4:45PM  **WORKSHOPS** | 3:15 – 4:45PM  **WORKSHOPS** | 3:15 – 4:45PM  **WORKSHOPS** |  |

**ASADS will provide lunch each day for participants who are staying the entire day.**

**Lunch will NOT be provided for participants who attend a one (1) half day course in a single day.**

**OPENING SESSIONS**

**Tuesday: 8:15am to 9:15am *How to Eat an Elephant***



**Presenter:** Anthony Brooks

Has the past year left you feeling overwhelmed? You are not alone. Join your colleagues for an uplifting and highly energized session that will leave you feeling “full” of inspiration with utensils you need to get your appetite back to tackle a full plate. How To Eat An Elephant is an interactive presentation for all audiences.

**CE: 1 hour**

**Wednesday: 8:15am to 9:15am *Music and the Brain in Recovery***



**Presenter:** John McAndrew

Singer/songwriter and piano player John McAndrew takes us on a musical and spiritual journey from self-centeredness to humility, using stories and songs. This journey is a long and difficult one in recovery. Recent studies show us that music can reach the parts of the brain that are linked to addiction and can function as an integral part of recovery. This experiential session demonstrates how music and music therapy can be applied in a variety of treatment settings to bring about therapeutic change. We will discuss the brain in simple terms and how it is affected by music. New research and new evidence about the power of music. The scientific evidence.

**CE: 1 hour**

***A person wearing glasses

Description automatically generated with low confidence*Thursday: 8:15am to 9:15am *A Practitioner’s Guide To Medication Assisted Treatments for Alcohol Use Disorder***

**Presenters:** Dr. Merrill Norton and Maddie Marsh

In the Treatment of alcohol use disorder, there are medications that have been approved by the FDA to ease the transition into abstinence. Medications can be used for detoxification, withdrawal, and cravings associated with AUD. When it comes to treating alcohol cravings and deterring individuals from drinking alcohol, medications are an efficacious resource. Currently, less than 10% of patients with AUD receive medications as part of their treatment plan, even though it is an evidence-based treatment recommended by SAMHSA in combination with behavioral interventions. When individuals show an inadequate response to counseling alone, adding medication may be the next step. Anti-craving medications include Naltrexone, Acamprosate, Disulfiram, anticonvulsants (off-label), and herbal preparations.

**CE: 1 hour**

**OPENING SESSIONS**

**Friday: 8:15am to 9:15am *I Need A Boost***

A person in a suit and tie

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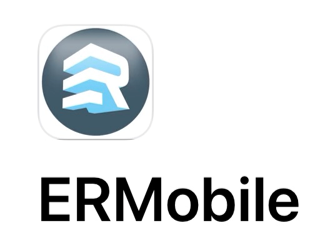
**Presenter:** Mansfield Key

This ed-u-training (educational and entertaining) training session will have its audience participating in lively discussions and engaging activities using music and drama. We want to help them discover sustainable ways to keep the passion for their purpose. Let's work together to help your team identify what's draining their emotional, mental battery and determine what is causing their engine to have a slow start and sometimes stall. We will bring the Booster Cables to give them a charge and help create a spark to energize the people around them. Let's work together to discover ways to relieve their personal and professional stress to their personal and professional best. This session will clearly prepare participants to leave the conference ready to illustrate what it means to make a difference in the lives of others: “Someone’s Destiny is tied to your assignment”.

**CE: 1 hour**



**ASADS Mobile Conference APP**



**ERMobile is ASADS’s mobile app for our 2022 conference. Works with both iPhone/iOS and Android versions. Giving you the ability with a touch of a button to:**

* **Scan your badge to record attendance**
* **View full conference schedule and details**
* **Your personal itinerary**
* **Conference Center floor maps**
* **Access all course handouts**

**AND MUCH MORE!**

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**COURSES AT A GLANCE**

Participants need to select a first and second choice for the course they desire to attend on a specific day. The **ASADS** Board will work diligently to accommodate your need. However, courses are on a first come, first served basis and, occasionally the course may be full. Additionally, please be aware when selecting courses, do not select a course that overlaps another course.

**Due to the short duration of the course, changing from one half day course to another half day course is NOT allowed.**

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| **HALF DAY COURSES** | | | |
| **Course No.** | **Tuesday 9:30am – 12:30pm (3 hours)** | **Course No.** | **Tuesday**  **1:30pm - 4:45pm (3 hours)** |
| **TAM1** | Ethics for Behavioral Health Practitioners | **TPM1** | Recovery Residences: Is It a Very, Very, Very Fine House? |
| **TAM2** | Decreasing Stigma and Developing Empathy | **TPM2** | Ethics: History and Applied Ethical Dilemmas |
| **TAM3** | CDC’s Best Practice Guidelines for Prescribing Opioids for Pain | **TPM3** | Basics of Opioid Pharmacology |
| **TAM4** | Addressing the Gender Specific Service Needs of Women | **TPM4** | Say Her Name: AOD, Justice Involved, and Health Equity for Women |
| **TAM5** | Multicultural Counseling in the Treatment Setting | **TPM5** | There's No Harm in Harm Reduction |
| **TAM6** | Wedding of the Century: Prevention, Treatment and Recovery | **TPM6** | Current Opioid Trends |
| **TAM7** | The Pandemic within a Pandemic: Opioid Overdoses and Strategies for Helpers | **TPM7** | Integrating Diabetes Education into Recovery Support Services |
| **Course No.** | **Wednesday 9:30am – 12:30pm (3 hours)** | **Course No.** | **Wednesday 1:30pm - 4:45pm (3 hours)** |
| **WAM1** | The Self in Shame: Healing the Wounds of Substance Use Disorders | **WPM1** | What are Gas Station Drugs, Their Dangerous Impacts, and Recovery Mechanisms from their Devastating Effects |
| **WAM2** | Ethics and Confidentiality: Assessing my Expertise in this Domain | **WPM2** | Using Motivational Interviewing to Work Effectively with Clients who Self-Sabotage and Exhibit Resistance to Change |
| **WAM3** | Bridging the Gap: Attacking Stigma, Barriers and Patient Centered Treatment | **WPM3** | What would you do? Decision Making Strategies for Ethical Dilemma Strategies |
| **WAM4** | Medication Assisted Treatment and Pregnancy | **WPM4** | An Introduction to Ethics Prevention Standards |
| **WAM5** | An Overview of Confidentiality of Substance Use Disorders | **WPM5** | Finding the "Fun" in DysFUNuction: Working with Families of Addiction |
| **WAM6** | Gambling Compulsivity and Addiction | **WPM6** | Intervention Strategies for Helping “High-Risk” Clients |
| **WAM7** | 2022 Alabama Illegal Drug Threat | **WPM7** | Ethical Considerations and Cultural Competency for Substance Abuse Providers |
| **WAM8** | Wellness Informed Recovery Support | **WPM8** | Worlds Apart: What Works in Adolescent Treatment and Why |
| **WAM9** | Understanding Co-Occurring Disorders | **WPM9** | Prevention Education through Coalition Building & Community Involvement |
| **WAM10** | Substance Use Disorders in Challenging, Changing Times | **WPM10** | Vital an Integrated Healthcare Approach |
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| **Course No.** | **Thursday 9:30am – 12:30pm (3 hours)** | **Course No.** | **Thursday 1:30pm - 4:45pm (3 hours)** |
| **THAM1** | Clinical Pearls of the Pharmacotherapy of Alcohol Use Disorders: Detoxification, Anti-Craving, & Deterrence | **THPM1** | DSM-5 and Substance Use Disorders Diagnosis |
| **THAM2** | Ethics and Confidentiality for Peer Specialist | **THPM2** | HIV/STIs: an Overview for the Substance Abuse/Mental Health Professional |
| **THAM3** | Integrating Cognitive Behavioral Therapy for the Treatment of Substance Abuse Disorder | **THPM3** | Shared Decision-Making |
| **THAM4** | Trauma Informed Clinical Best Practices | **THPM4** | Navigating Co-occurring Mental Health and Substance Use Disorders and Overcoming Barriers to Reduce Health Disparities |
| **THAM5** | Practicing Alcohol Moderation in a Post-Pandemic World | **THPM5** | Fostering Resilience and Recovery: A Change Package for Advancing Trauma Informed Primary Care |
| **THAM6** | Brief Negotiated Interview 101: Exploring Behavior Change | **THPM6** | From Screening to Treatment Admission: Engagement, Retention and Attempts at Pre-Treatment |
| **THAM7** | Using Media in Prevention: A Case Study | **THPM7** | “Beginning to End” Opioid Use Disorder Care |
| **THAM8** | Navigating the Pathway to Recovery with Innovation, One Click at a Time  **Cancelled** | **THPM8** | The Intersections of Sexual Assault, Domestic Violence and Substance Abuse: Breaking Cycles and Approaching Clients |
| **THAM9** | Infusing Equity into Your Prevention Work | **THPM9** | Ethics for Peers |
| **THAM10** | Understanding Peer Supervision: What You didn’t Learn in Graduate School | **THPM10** | Real or Reel? Navigating Informed Response to Domestic Violence |
| **Course No.** | **FRIDAY**  **9:30am – 12:30pm (3 hours)** | | |
| **FAM1** | HIV/STIs: an Overview for the Substance Abuse/Mental Health Professional | | |
| **FAM2** | Why is Clinical Documentation So Important? | | |
| **FAM3** | CARES MDT: A Multi-Disciplinary Team Helping Families Impacted by Substance Use Disorders | | |
| **FAM4** | Overview of Alabama’s Crisis System of Care | | |
| **FAM5** | Changing Police Culture, A CIT Response To Crisis-Huntsville is Changing | | |
| **FAM6** | Take Back, Educate, Inundate (TBEI) A Social Media Approach to Opioid Prevention in Clinical Settings | | |
| **FAM7** | The Legal Landscape of Addressing the Opioid Epidemic | | |
| **FAM8** | Value of Peer Support | | |
| **FAM9** | Vicarious Trauma: Signs, Symptoms and Management for the Primary Care Provider | | |
| **FAM10** | Cognitive Behavior Therapy and the Use of Contingency Management | | |

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| **FULL DAY COURSES** | |
| **Course No.** | **TUESDAY**  **9:30am - 4:45pm (6 hours)** |
| **T1** | The Current Cancel Culture: Do Ethics Change for the Behavioral Health Professionals Shift when Sociological Shifts Take Place? |
| **T2** | Psychopharmacology 2022 |
| **T3** | Assessing and Managing Suicide Risk (AMSR) for Substance Use Disorder Treatment Professionals  ***Participants taking this course will not receive partial credit. Must attend the full 6 ½ hours.***  ***NOTE: Participants will need to be willing to participate in a working lunch to receive full credit.*** |

**TUESDAY MORNING HALF DAY COURSES**

**9:30am to 12:30pm**

**TAM1: Ethics for Behavioral Health Practitioners**

**Presenter:**

Dr. Scott Holmes, LPC-S, NCC, ICAADC

**Course Description:**

The purpose of this course is to increase the professional counselor's knowledge base about ethical theories, principles, and the application of these principles to counseling practice. A historical context of ethics in counseling and in the larger context of the helping professions, such as medicine, social work, and other human service areas, will be explored. The course will also examine the specific components of ethical theories, ethical decision-making processes, the psychological context of moral development, multiculturalism, and the field's two major codes of ethics.

**Course Objectives:**

After attending the course, a participant will be able to:

* discuss the historical context of ethics in counseling;
* define common terms such as ethics, values, morality, ethical dilemmas, and ethical principles;
* discuss the ethical principles in the American Counseling Association (ACA) Code of Ethics and the National Board for Certified Counselors (NBCC) Code of Ethics;
* identify the different ethical decision-making models;
* discuss the psychologic context of ethical decision making by applying Lawrence Kohlberg's theory of moral development;
* outline ethical issues that emerge with counseling in managed care systems; and
* review issues that arise in online counseling, including sociocultural context, ethical and legal issues, and standards for ethical practice.

**TAM2: Decreasing Stigma and Developing Empathy**

**Presenters:**

Michelle Brown, Ph.D.

Cayce Paddock, MD

Wendi Hogue, M.Ed., LPC, NCC

**Course Description:**

The first part of the presentation will include an Opioid Simulation which is a tabletop simulation intended to provide health profession students and practicing healthcare professionals the opportunity to understand opioid use disorder as a chronic, relapsing disease for which there is treatment and recovery. The objective of this experiential learning tool is to give current and future healthcare professionals an opportunity to experience opioid use disorder and to increase empathy and decrease stigma associated with opioid use disorder. The second part of the presentation will define stigma and further explore how stigma affects people with a substance use disorder.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe the impact of resilience on opioid use;
* express the role of stigma in the opioid epidemic;
* experience opioid use disorder as a chronic, relapsing disease for which there is treatment and recovery; and
* describe various types of stigma affecting people who use drugs and people in substance use treatment.

**Presenter:**

**TAM3: CDC’s Best Practice Guidelines for Prescribing Opioids for Pain**

Dr. Wayne Parker, PharmD

**Course Description:**

This course will highlight proper prescribing of opioids through the CDC’s updated clinical practice guidelines to ensure patients have access to safer, more effective chronic pain management while reducing the number of people who misuse or overdose from opioids.

**Course Objectives:**

After attending the course, a participant will be able to:

* determine when to initiate or continue opioids for chronic pain;
* explain opioid selection, dosage, duration, follow-up, and taper upon discontinuation;
* recognize non-opioids as adjuvants for chronic pain; and
* review risk and addressing harms of opioid use.

**TAM4: Addressing the Gender Specific Services Needs of Women**

**Presenter:**

Dr. Bakahia Madison, PsyD, LCPC, CADC

**Course Description:**

The Substance Abuse and Mental Health Administration’s (SAMHSA’s) Training Toolbox for Addressing the Gender Specific Service Needs of Women is a new resource to educate providers, clinicians, and others about the gender specific needs of women with substance use disorders (SUDs).

**Course Objectives:**

After attending the course, a participant will be able to:

* explain core element of gender-responsive SUD treatment/recovery services;
* summarize evidence-based practices, trauma-informed approaches, and family-based treatment;
* role-play in group activities; and
* articulate how to advocate and collaborate in women’s services.

**TAM5: Multicultural Counseling in the Treatment Setting**

**Presenter:**

Lisa Anderson Akine, NCACII, CADCII, ICADC

**Course Description:**

The session begins with counselors identifying cultural factors that have significance impact in the field of counseling. The first part of the workshop identifies what is multicultural counseling. The second part of the workshop educates on the importance of being a culturally competent counselor. Throughout the workshop participants will engage in role play, problem solving and explore counseling interventions to intergrade into their professional counseling style.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify how history contributes to our worldview, bias, beliefs, and feelings about cultures we don't

understand;

* gain a basic concept of multiculturalism, a general understanding to why it is essential to become a

culturally competent counselor; and

* identify multicultural counseling competes awareness, knowledge, and skills.

**Presenter:**

Jerria Martin, M.Div, BA

**TAM6: Wedding of the Century: Prevention, Treatment and Recovery**

**Course Description:**

Opioids have created an unprecedented health crisis. While coalition leaders work tirelessly with sector representatives, bridging social divides in our nation's communities, it's important for leaders in prevention to create unprecedented responses and strategies to combat the opioid epidemic by regularly reaching out to and collaborating with local, state, and federal treatment and recovery partners. It is imperative that we nurture and build these relationships within our coalition by understanding the plethora of ways we help each other fulfill our drug free mission. You're in for a treat as this rousing wedding themed presentation will feature fun-filled engaging material from a national Opioid Response Network Prevention Specialist.

**Course Objectives**

After attending the course, a participant will be able to:

* determine ways to successfully collaborate with prevention, recovery, and treatment partners in their communities;
* develop and strengthen community strategies within their opioid action plan; and
* identify and articulate the roles prevention, recovery, and treatment professionals play in combatting the opioid epidemic locally.

**TAM7: The Pandemic within a Pandemic: Opioid Overdoses and Strategies for Helpers**

**Presenter:**

Zach Ludwig, LPC/MHSP

**Course Description:**

This course explores the continuing rise of opioid overdoses and role of the COVID-19 pandemic in substance use disorder progression. Learner will discuss role of MAT, overdose-reversal, and necessity of individual and community intervention to increase learner knowledge about medication interventions for opioid use disorder. Session will also discuss other “deaths of despair” including suicide and role of the COVID-19 pandemic.

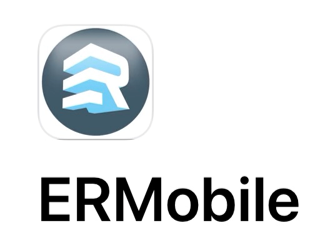
**Course Objectives**

After attending the course, a participant will be able to:

* identify of risk factors associated with opioid use/overdose and role of COVID-19 pandemic;
* describe MAT and interventions for individuals and communities;
* learn the intersection of substance use and suicide; and
* practice utilization of safety planning and discussions about safe medication storage and counseling on access to lethal means.

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**ASADS Mobile Conference APP**



**TUESDAY AFTERNOON HALF DAY COURSES**

**1:30pm to 4:45pm**

**TPM1: Recovery Residences: Is it a Very, Very, Very Fine House?**

**Presenters:**

John Bayles, BA, CRSS

Robby Keeble, MS

Page Rubin, LICSW-PIP

**Course Description:**

Recovery residences are vital to recovery-oriented systems of care. The social model of recovery is foundational and often blended with behavioral health treatment. This training overviews the National Alliance for Recovery Residences’ Standard as implemented by the Alabama Alliance of Recovery Residences. Come learn best practices for operators and allies.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify five aspects of the foundational social model of recovery that distinguish recovery residences from other housing types;
* distinguish among key operational elements that are applied across NARR’s four Recovery Residence Levels;
* recognize the four domains and 11 principles in the NARR Standard for Recovery Residences that are addressed by the AARR when certifying recovery residences; and
* discuss three collaboration best practices for recovery residence operators and allied organizations including a Personal Recovery, Individual Development and Expectations (PRIDE) Monthly Progress Report and an Overnight Recovery Exploration Outing Request (OREO) for allies.

**TPM2: Ethics: History and Applied Ethical Dilemmas**

**Presenter:**

Vanessa Goepel, LPC-S, ADC, CPS

**Course Description:**

Overview of the history of ethics, development of professional ethics, impact on society, implications for treatment providers, and discussion of real-life scenarios.

**Course Objectives:**

After attending the course, a participant will be able to:

* illustrate the historical and foundational basis of ethics, common terms, and theory;
* evaluate the provider’s responsibility to the client, including the importance of goodness of fit, counselor competence, confidentiality, and informed consent; and
* evaluate the provider’s responsibility to self in order set appropriate boundaries, roles of the counselor, social media issues, self-disclosure, and power differentials.

**Presenter:**

**TPM3: Basics of Opioid Pharmacology**

Dr. Wayne Parker, PharmD

**Course Description:**

This course will discuss basic principles of opioid pharmacology, including receptor mechanisms, drug distribution, metabolism, main therapeutic indications, and pharmacokinetics.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the main types of opioid receptors/endogenous opioids;
* explain the mechanism of action of opioid agonists, partial and mixed agonist/antagonists, and antagonists;
* describe the main effects and therapeutic uses of opioid antagonists;
* describe the major features of the analgesic effect of opioids;
* illustrate tolerance and explain its effects on opioids;
* compare the main differences between the opioid prototype, morphine, and other opioid drugs;
* describe the main adverse effects of opioids as a class, and main contraindications to the use of opioids; and
* discuss the drug interactions between specific opioids and serotonergic agents.

**TPM4: Say Her Name: AOD, Justice Involved, and Health Equity for Women**

**Presenter:**

Dr. Bakahia Madison, PsyD, LCPC, CADC

**Course Description:**

This presentation will explore the opportunities and challenges in the context of Alcohol Other Drugs (AOD) Gender Specific Treatment and women involved with Justice Involved System. These concepts will be examined through the lens of maternal health concerns impacting women with co-occurring disorders. This experiential course will focus on evidence- based strategies, resources, and national efforts to help support women. This presentation will focus on solutions to bring about systemic change in the form of women and equity in behavioral health care systems.

**Course Objectives:**

After attending the course, a participant will be able to:

* define Gender Specific Treatment in Behavioral Health Care and Justice Involved Systems;
* describe equity challenges for women with co-occurring disorders through the lens of maternal health care;
* give examples of solutions for treatment providers to provide more equitable care; and
* identify evidence-based strategies, resources, and data provided through SAMHSA and other systems to support women services.

**TPM5: There’s No Harm in Harm Reduction**

**Presenters:**

Ashley Brook Loftis, ALC, NCC, CPS

Edward Taylor, MS

**Course Description:**

This course will discuss the importance of harm reduction in relation to substance use and HIV. This course will also discuss the importance of discussing harm reduction strategies with clients who may be in the pre-contemplation stage of change. The course will examine several of the strategies that are being implemented in the Birmingham Metro area, how to discuss harm reduction with your clients and the stigma that comes with harm reduction.

**Course Objectives:**

After attending the course, a participant will be able to:

* evaluate harm reduction strategies and select the best fit to their clients;
* identify the stigma that surrounds harm reduction and other barriers to harm reduction; and
* recognize the importance of harm reduction in relation to substance use and infectious diseases.

**TPM6: Current Opioid Trends**

**Presenter:**

Sean Malloy

**Course Description:**

The opioid epidemic continues to be a serious national public health issue causing addiction (Opioid Use Disorder), overdoses and overdose-related deaths. We will cover the emerging history of the opioid epidemic which started roughly around 1999 and has been described as occurring in three waves since then. The State of Alabama was declared in 2015 as number #1 nationwide concerning the opioid epidemic and it was then that a collaborative effort began to address the epidemic in Alabama. The current prescribed opioids of abuse shall be discussed as well as other prescribed medication that is not being abused by those with OUD. We will address law enforcement efforts to help combat the epidemic and more importantly, we shall discuss collaborative efforts between medical personnel, first responders, mental health, and substance use treatment providers along with community-based programs to address the ever-changing dynamics of this epidemic to prevent future OUD’s, overdoses, and deaths.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify current Opioids of abuse effecting communities;
* describe the effects of Opioid abuse on abuse of other controlled medication; and
* explain the importance of collaboration between agencies gov./private to combat the Opioid problem on local, state, and national levels.

**TPM7: Integrating Diabetes Education into Recovery Support Services**

**Presenters:**

Shereda Finch, M.ED., MPA

Yvette Hester, MS

**Course Description:**

Studies show many individuals in recovery are living with co-morbid conditions. In this presentation, COSA staff will discuss the interventions used and data outcomes collected from a recovery program addressing diabetes and substance use disorders.

**Course Objectives:**

After attending the course, a participant will be able to:

* define co-morbidity and identify common risk factors substance use disorder (SUD) and diabetes;
* assess the co-morbid needs of individuals with SUD and diabetes; and
* create written recovery plans for co-morbid individuals with SUD and diabetes.

**WEDNESDAY MORNING HALF DAY COURSES**

**9:30am to 12:30pm**

**WAM1: The Self in Shame: Healing the Wounds of Substance Use Disorders**

**Presenter:**

Dr. Merrill Norton, Pharm.D., D.Ph., CMAC

Maddie Marsh, BS Psychology, Pharm.D. Candidate

**Course Description:**

We all feel shame. For some, shame can have a detrimental impact on the sense of self, interfering with healthy mental and emotional function. Hear from a leading expert on the many types of shame, strategies to prevent unhealthy shame cycles during recovery, and ways in which behavioral health practitioners can apply knowledge about unhealthy and healthy shame when assisting patients with their recovery.

**Course Objectives:**

After attending the course, a participant will be able to:

* distinguish among the following terms: healthy shame, unhealthy shame, guilt, and stigma;
* summarize how feelings related to shame can impact the treatment of substance use disorders and the recovery process; and
* describe how behavioral health practitioners can use the principles of healthy and unhealthy shame in assisting patients who are in recovery or struggling with the disease of substance use disorders.

**WAM2: Ethics and Confidentiality: Assessing my Expertise in this Domain**

**Presenter:**

Joan Leary, MA, LPC, NCC

**Course Description:**

This course will review ethical standards for addiction and mental health professionals and addresses the responsibilities of a professional working in these fields. Case studies and vignettes will be used to teach ethical decision-making models and to give the participants opportunities to share and discuss ethical dilemmas in the workplace.

**Course Objectives:**

After attending the course, a participant will be able to:

* participate in a self-assessment to decipher the professional’s expertise in this arena and proper benchmark knowledge;
* review the ethical terms used in various settings for many different healthcare issues;
* compare and contrast a variety of Ethics Codes for counselors, substance abuse professionals and social workers i.e., Alabama Counseling Code of Ethics, NBCC Code of Ethics, ICRC & NAADAC Codes and the Social Work Codes;
* learn the common ethical breaches which intrude on professionals and how to cope or report these dilemmas to protect client’s confidentiality; and
* participate in case studies will be used in small groups to learn and discuss ethical dilemmas which arise.

**Presenters:**

**WAM3: Bridging the Gap: Attacking Stigma, Barriers and Patient Centered Treatment**

Ellen Robertson, Ph.D., MCHES

Dr. Karen Johnson, Ph.D., MSW

Angie Pretz, MSW

Dr. Holly Horan, Ph.D.

Leslie Herhold, MSW, LCSW, PMH-C

Dr. Jessica Jaiswal, PhD, MPH

Dr. Mercy Mumba, PhD, RN, CMSRN

**Course Description:**

Alabama’s Provider Capacity Project (APCP) proposes to increase substance abuse provider treatment capacity by creating a pipeline to expand provider participation options. The goal is to decrease the extent of health disparities particularly related to substance use disorders (SUD). This project places great emphasis on promoting the principles of a whole person integrated care, a continuum of care, and seamless coordinated care systems. The primary strategy is to develop and implement best practices to reduce the morbidity and mortality of SUD through improving patient care by maintaining and improving knowledge, skills, and attitudes regarding SUD. The stigma associated with SUD often impedes this integrated approach for better care. Stigma is a well-documented barrier to engagement in a variety of healthcare services, including substance use treatment. This training will provide an insightful and dynamic intersection into three distinct areas: women's lived experiences of being pregnant and having SUDS, intersectional stigma faced by drug-using Black women living in the Deep South alongside the experiences of their providers, and opioid agonist therapy (OAT) stigma among patients and how their perceptions of OAT may affect their treatment experience. Scholarly literature point to an exacerbation of risks by co-occurring factors such as medical and other forms of stigma, unequal access to care, criminal justice involvement, and substance misuse, resulting in barriers to treatment provision and care. Medical and non-medical staff should be aware and trained to avoid contributing to stigma in clinical settings. Training attendees will be asked to engage in practical, self-reflection exercises as well as to brainstorm ways to improve care for populations with SUDs within their own practice/profession/ and/or community.

**Course Objectives:**

After attending the course, a participant will be able to:

* recognize treatment and other forms of stigma faced by drug-using Black women in the criminal justice system, from both the consumer and provider perspective;
* recognize the negative consequences of stigma on treatment engagement and care;
* identify ways to reduce treatment barriers and enhance care;
* recognize the intersectional and life history factors associated with SUDs in pregnancy;
* describe how a comprehensive care team, that includes non-clinical providers, can improve the quality of care and outcomes for these populations;
* apply what they've learned about pregnant and postpartum populations with SUDs to their own practice/profession;
* define the different types of stigma as it relates to opioid agonist therapy;
* recognize various manifestations of stigma related to OAT; and
* identify actionable steps and approaches to reducing OAT-related stigma in clinical settings.

**Presenter:**

**WAM4: Medication Assisted Treatment and Pregnancy**

Lisa Anderson Akine, NCACII, CADCII, ICADC

**Course Description:**

This course is designed to educate counselors on the most effective treatment for mothers’ dependent on opiates. Medication-assisted treatment has been accepted as the appropriate course of treatment for women dependent on opiates while pregnant. However, buprenorphine is becoming another form of treatment taken under consideration. In contrast, morphine or methadone remains the standard of care for newborns who experience neonatal opioid withdrawal syndrome (NOWS). Newborns can experience an array of physical withdrawal, consistently occurring together or a combination of symptoms like chills and severe crying. The Finnegan Neonatal Abstinence Scoring System is the typical scoring system used to evaluate and monitor newborns to determine if pharmacology treatment is an appropriate level of care.

**Course Objectives:**

After attending the course, a participant will be able to:

* understand the effectiveness of methadone with opiate-dependent women who are pregnant;
* identify and understand neonatal abstinence syndrome (NAS); and
* understand the application of the Finnegan Scoring system and its effectiveness in the treatment of NAS.

**WAM5: An Overview of Confidentiality of Substance Use Disorders**

**Presenter:**

Dr. Lucy R. Cannon, LCSW, LICSW, CCDP-D, MATS

**Course Description:**

Healthcare providers in the mental health, substance use disorders, and medical fields are familiar with and recognize the necessity of enforcing the Health Insurance Portability and Accountability Act of 1996 (HIPAA), the law that regulates the use and disclosure of Protected Health Information (PHI) held by "covered entities" such as health plans. (Awad, 2013). Far fewer healthcare providers are as knowledgeable of the special privacy protection that is granted to individuals who are diagnosed with Substance Use Disorders. “The 42 CFR Part 2 applies to any individual or entity that is federally assisted and holds itself out as providing, and provides, alcohol or drug abuse diagnosis, treatment or referral for treatment (42 CFR § 2.11).” (Awad, 2013)

**Course Objectives:**

After attending the course, a participant will be able to:

* define and explain the purpose of 42CFR Part 2 regulations;
* explain the difference between HIPAA and 42CFR Part 2 laws and why there is a need for extra protection for individuals diagnosed with substance use disorders;
* identify 2 to 3 reasons why limited circumstances information about a patient’s treatment may be disclosed with and without the patient’s consent;
* distinguish the necessity of understanding the role and responsibilities of The Legal Action Center (LAC) in protecting individuals’ rights and criminal penalties for non-adherence to these regulations; and
* become familiar with updated 42 CFR CARES ACT changes.

**Presenter:**

**WAM6: Gambling Compulsivity and Addiction**

Brian S. Canfield, Ed.D.

**Course Description:**

This course will provide an overview of selected current research and clinical interventions for helping clients address compulsive gambling behavior.

**Course Objectives:**

After attending the course, a participant will be able to:

* gain an overview of the etiology of problematic gambling behavior, including a review of psychological factors and physiological mechanisms which lead to, and reinforce, compulsive behaviors;
* acquire knowledge about research findings regarding the efficacy of various treatment model outcome; and
* understand systemic factor of therapeutic treatment with clients who desire to modify problematic gambling behavior.

**WAM7: 2022 Alabama Illegal Drug Threat**

**Presenter:**

Renita Ward, BS

**Course Description:**

This course provides a law enforcement perspective on the illicit drug threat facing Alabama from an international, national, regional, and state perspective.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the major illicit drug threats facing Alabama;
* discuss the impact on Alabama from illicit drug activities in the Southeast Region and other parts of the U.S.; and
* describe the world-wide production of illicit drugs and the impact on Alabama.

**WAM8: Wellness Informed Recovery Support**

**Presenter:**

Tom Lane, NCPS, BCPA, CRPS

**Course Description:**

Providing trauma-informed services and supports is an expectation in today’s evolving heath care and social support systems. Our understanding of personal and community wellness, combined with practical approaches to promoting resilience, undergirds our shared work across complex systems to be “wellness-informed”. By weaving clinical, peer, adjunctive, and complimentary services and supports together, we are better able to meet the needs of individuals working on their recovery. This training will explore the Eight Dimensions of Wellness adopted by SAMHSA and the importance of addressing social determinants of health that heavily influence personal well-being. Helping individuals increase personal recovery capital requires an approach that is both art and science. The training goal is to enhance and improve what we are doing now to deliver “wellness-informed” services and supports. Time will also be spent completing a “gallery walk” to better engage attendees in solutioning.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the Eight Dimensions of Wellness;
* explain the interface between the Eight Dimensions and social determinants of health as it impacts personal well-being;
* understand and apply four practical ways to increase personal recovery capital through decision support and wellness planning; and
* describe three strategies to improve access to continuums of services and supports that promote personal well-being.

**WAM9: Understanding Co-Occurring Disorders**

**Presenter:**

Brooke Whitfield, MA, LPC, NCC

**Course Description:**

This training course aims to examine how clinicians can work most effectively with clients with co-occurring disorders. Clinicians are to understand how and why to perform and complete a comprehensive assessment to make an accurate diagnosis, and to use evidence-based, integrated approached to treatment. Clinicians are to conceptualize and understand psychiatric disorders and substance use disorders as primary conditions when both co-exist.

**Course Objectives:**

After attending the course, a participant will be able to:

* define the scope of co-occurring disorders among adolescents and adults;
* identify and understand the principles of co-occurring assessment;
* understand and apply the transtheoretical model of change to the assessment and the treatment of co-occurring disorders;
* understand and apply the principles of Motivational Interviewing (MI) as it relates to the treatment of co-occurring disorders;
* identify, understand, and review evidence-based practices for the treatment of co-occurring disorders; and
* develop an integrated treatment plan for individuals receiving treatment for co-occurring disorders through the stages of change and individual goals.

**WAM10: Substance Use Disorders in Challenging, Changing Times**

**Presenter:**

James Campbell, LPC, LAC, MAC, AADC

**Course Description:**

Substance Use Disorders are challenging to navigate in even the best of times. When circumstances are changing and uncertain, however, they pose some significant, unique challenges. During this season of monumental shifts and transitions, substance use and substance use disorders have been and will be impacted. This session will briefly explore some of the unique challenges we currently face, how past substance use responses to crisis can inform our current circumstances, and the responses of the prevention, treatment, and recovery communities as we all seek to adjust to the changing times in which we are serving.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the impact of stress on substance use and substance use disorders;
* verbalize how substance use has been impacted by times of crisis in the past; and
* discuss how our current circumstances have impacted SUD prevention, treatment, and recovery services.

**WEDNESDAY AFTERNOON HALF DAY COURSES**

**1:30pm to 4:45pm**

**WPM1: What are Gas Station Drugs, Their Dangerous Impacts, and Recovery Mechanisms from their Devastating Effects**

**Presenter:**

Dr. Merrill Norton Pharm.D., D.Ph., CMAC

Maddie Marsh, BS Psychology, Pharm.D. Candidate

**Course Description:**

“Gas Station Drugs” are non-prescription drugs of abuse commonly sold at gas stations, convenience stores, or on the Internet. Most are sold without regulations regarding their production or distribution. This presentation will consist of a three (3) part series that will discuss the current list of various herbal and pharmaceutical products known as “gas station drugs” and their pharmacological profiles to include their dangerous adverse drug effects.

**Course Objectives:**

After attending the course, a participant will be able to:

* develop a vocabulary of the current herbal and pharmaceutical drugs known as the gas station drugs;
* gain an understanding of the pharmacodynamics and pharmacokinetics of Phenibut, Tianeptine, Kratom, Ketamine, and Delta 8;
* comprehend the severe adverse drug effects of Phenibut, Tianeptine, Kratom, Ketamine, and Delta 8; and
* review the emergency procedures to manage an overdose of Phenibut and Tianeptine.

**WPM2: Using Motivational Interviewing to Work Effectively with Clients who Self-Sabotage and Exhibit Resistance to Change**

**Presenter:**

Joan Leary, MA, LPC, NCC

**Course Description:**

Motivational Interviewing- a three-hour course which addresses the foundational elements and the spirit of Motivational Interviewing. This workshop is designed for practitioners with moderate exposure to MI and who will learn to build an engaging atmosphere for client change and autonomy for the client to achieve healthy recovery. This course will help practitioners to create awareness regarding client ambivalence, discordant interactions and to teach the MI principles and strategies to enhance their professional skills.

**Course Objectives:**

After attending the course, a participant will be able to:

* learn and understand how MI as an evidence- based practice can yield better client outcomes;
* gain knowledge of the four processes and OARS skills of MI to create a landscape for client change;
* explore ways to recognize, elicit, and respond to change talk to improve treatment outcomes;
* practice specific ways to help clients resolve ambivalence which may lead to create intrinsic buy-in towards healthy choices;
* explore clinical strategies for working effectively with clients who seem “resistant” to change;
* gain knowledge of applications for MI with a variety of client populations; and
* use role-plays to practice to techniques and principles of MI to enhance clinical skills to become a more effective practitioner.

**Presenter:**

**WPM3: What would you do? Decision Making Strategies for Ethical Dilemma Strategies**

Dr. Lucy R. Cannon, LCSW, LICSW, CCDP-D, MATS

**Course Description:**

This lively workshop will offer a variety of pedagogical approaches and tools (lecture, group case scenarios and discussions of ethical issues in the workplace, role playing, etc.) to increase the skill set of mental health professionals from a practical application of ethical standards in the workplace. This workshop will cover the updates on recent NASW and LPCA codes of ethics to include Telemental health. Participants will gain problem solving skills as they learn the various types of best practice decision making ethical models that will help them seek solutions to ethical problems (staff and clients). Participants will also understand key ethical procedures and processes that is needed in healthcare organizations to resolve workplace ethical issues and learn situations to avoid that can possibly lead to potential ethical issues in the workplace.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify 2 to 3 recent ethics codes changes with the NASW and LPCA Associations;
* learn key Telemental health ethics codes that apply to this method of treatment;
* identify 2 to 3 common ethical dilemmas that occur in the workplace with staff and individuals receiving services in organizations;
* explain the dos and don’ts of ethics in the workplace;
* identify and explain necessary procedures and processes organizations need to have in place to address healthcare providers and clients’ ethical issues;
* explain who needs to be involved in ethical investigations and decisions in the workplace and the rationale;
* learn 1 to 2 Best Practice Decision Making Models steps to follow when seeking resolutions to ethical dilemmas; and
* utilize the use of case scenarios, group discussions, and a YouTube video will be utilized to help participants learn how to use various Best Practice Decision Making Models to help them with finding solutions to ethical issues.

**WPM4: An Introduction to Ethics Prevention Standards**

**Presenter:**

Carlton Hall

**Course Description:**

This session is designed specifically for the substance use and misuse prevention professional, and it fulfills half of the Certified Prevention Specialist credential ethics requirement. The principles in the Prevention Code of Ethical Conduct convey the prevention professional’s recognition of responsibilities to the public, service recipients and colleagues.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify standards of conduct for prevention professionals;
* set professional goals with prevention ethics standards in mind; and
* utilize a method of decision-making for difficult ethical situations in prevention.

**Presenters:**

**WPM5: Finding the "Fun" in DysFUNuction: Working with Families of Addiction**

Melissa Nippert, LPC-S

Brian Hayes

**Course Description:**

This course will provide participants with an overview of the biology of addiction and codependency, including an easy-to-understand model of the neurological reactions that result from the maladaptive patterns seen in the disease of addiction and codependent family members. This overview aids in understanding the common issues that present among those with addiction and their family members, which will be identified and discussed. Finally, participants will be learning and engaging in various practical strategies and interventions to address these issues, including worksheets, discussion guides, family “games” and other interactive tools that can be utilized in a variety of clinical settings.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe the biological and social connection between Codependency and Addiction;
* Identify how this connection impacts the most common presenting issues among families of addiction (i.e., trust, communication, dysfunctional roles, boundaries, etc.); and
* utilize a variety of interactive interventions and clinical strategies to address these issues.

**WPM6: Intervention Strategies for Helping “High-Risk” Clients**

**Presenter:**

Brian S. Canfield, Ed.D.

**Course Description:**

This course will address ethical protocols and intervention strategies for helping clients who present with potentially life-threatening issues such as Substance Abuse, Intimate Partner Violence, and Suicidal Ideation. This presentation will review selected clinical outcome research and the efficacy of various intervention methods for stabilizing clients who are in acute crisis.

**Course Objectives:**

After attending the course, a participant will be able to:

* acquire and overview of selected research finding concerning “high-risk” client populations;
* gain an increased understanding of various theoretical models and clinical interventions for bringing about stability and desired change; and
* apply intervention protocols in response to potentially life-threatening issues in therapy.

**WPM7: Ethical Considerations and Cultural Competency for Substance Abuse Providers**

**Presenter:**

Denice Morris MS, MEd

**Course Description:**

Ethics are generally regarded as the standards that govern the conduct of a person. They are guidelines for professional behavior that are developed to protect the profession, the professional, the client and society. High quality clinical care, grounded in genuine empathy and alliance building, is the best form of malpractice prevention. It is the responsibility of the agency to train, educate and demonstrate good ethical guidelines. In workplaces, employees want to avoid any behavior or choices that could potentially harm the client or the agency. This could be a mark against the employee's reputation, integrity, and trustworthiness in the eyes of management.

**Course Objectives:**

After attending the course, a participant will be able to:

* define ethics and gain an understanding of the agency’s ethical responsibilities;
* identify possible ethical and legal issues within substance abuse treatment facilities; and
* demonstrate working knowledge of cultural competency and the benefits of this practice.

**Presenter:**

**WPM8: Worlds Apart: What Works in Adolescent Treatment and Why**

James Campbell, LPC, LAC, MAC, AADC

**Course Description:**

Sometimes adolescents can seem as though they come from an entirely different world, and in some regards, they do! There has been a wealth of recent discoveries about adolescent development and learning. Unfortunately, there is frequently a disconnect between what we know works best with adolescents and the treatment modalities we use when working with them. This session reviews recent research and discoveries and explores how to best apply that knowledge to effectively treat adolescents with a strong emphasis on practical application.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the fundamental developmental task of adolescence, why knowing this task matters, and how to leverage it effectively in prevention, intervention, and treatment;
* verbalize the vulnerabilities particular to adolescent development related to substance use;
* articulate an understanding of the role of family, support systems, and traditional and social media in adolescence and how to help build support for the adolescents we serve; and
* experience techniques designed to enhance engagement with adolescents.

**WPM9: Prevention Education through Coalition Building & Community Involvement**

**Presenter:**

Seyram Selase, B.S., I.C.P.S., C.P.M.

Iesha Beard, B.A., A.P.S.

**Course Description:**

Assessing community readiness, in particular, helps prevention professionals determine whether the time is right and whether there is social momentum towards addressing the issue or issues they hope to tackle. Community readiness is just as important in addressing community needs as having tangible resources in place. Evaluation is the systematic collection and analysis of information about program activities, characteristics, and outcomes. Providers should ensure the sustainability of prevention outcomes by building stakeholder support for your program, showing and sharing results, and obtaining steady funding.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify opiate and other substance misuse related barriers within their communities;
* evaluate by collecting and analyzing information from programming and their outcomes; and
* differentiate the six CSAP strategies: Environmental, Community-Based, Problem Identification and Referral, Information Dissemination, Education and Alternatives.

**Presenters:**

**WPM10: Vital An Integrated Healthcare Approach**

Audra Morrison, MSW

Jackie Doss, MS, CHES

Jennifer Smith, LMSW

**Course Description:**

This session will introduce participants to the SBIRT Model and Alabama Vital Initiative. Participants will gain the information, tools, skills, and resources to identify and assist patients who present in a primary care or other setting who are at risk for moderate or potentially excessive use of alcohol or other drugs and whose substance use is causing or exacerbating poor health conditions. Participants will learn best practices for service delivery and workflow for integrated healthcare implementation.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe the SBIRT Model and Alabama Vital initiative;
* identify the systems that are needed to adopt a tiered service delivery model; and
* discuss the process and workflow of integrated healthcare implementation.

**THURSDAY MORNING HALF DAY COURSES**

**9:30am to 12:30pm**

**THAM1: Clinical Pearls of the Pharmacotherapy of Alcohol Use Disorders: Detoxification, Anti-Craving, and Deterrence**

**Presenter:**

Dr. Merrill Norton Pharm.D., D.Ph., CMAC

Maddie Marsh, BS Psychology, Pharm.D. Candidate

**Course Description:**

Alcohol use disorder (AUD), commonly called alcoholism, affected 6.2% of people in the United States age 18 and older in 2015 and is the third leading preventable cause of death in the United States (National Institute on Alcohol Abuse and Alcoholism [NIAAA], 2018). Despite the psychological and social trauma AUD causes, early symptoms are often ignored when treatment is most effective. The medications used to manage the different modalities of the treatment of Alcohol Use Disorder include detoxification, deterrence, and anti-craving. This presentation is a summary of a systematic review evaluating the evidence regarding the efficacy, comparative effectiveness, and adverse effects of these medications in adults with alcohol use disorder (AUD).

**Course Objectives:**

After attending the course, a participant will be able to:

* demonstrate current medication applications of the detoxification of alcohol use disorder (AUD);
* comprehend the rationale for the use of deterrence medications in the treatment of alcohol use disorder (AUD); and
* learn the explanation and application for the use of anti-craving medications for alcohol use disorder (AUD).

**Presenter:**

**THAM2: Ethics and Confidentiality for Peer Specialist**

Joan Leary, MA, LPC, NCC

**Course Description:**

This is a three-hour course which specifically addresses ethical and confidentiality guidelines in the workplace for Recovery Coaches, Advocates and Peer Support Specialists (PSS). This role carries unique responsibilities and responses when working with clients. Ethical dilemmas will be presented and practiced through role-plays and the Ethical Decision-Making Model. Certain roadblocks and obstacles occur when working as a recovery specialist and will be discussed both didactically and in small group activities.

**Course Objectives:**

After attending the course, a participant will be able to:

* review of the core values of peer support;
* address specific ethical dilemmas while in the role of PSS will be learned and practiced;
* learn how to offer support and assistance to clients will be described in the context of healthy boundaries between the PSS and client; and
* review NAADAC and ICRC Peer Code of Ethics.

**THAM3: Integrating Cognitive Behavioral Therapy for the Treatment of Substance Abuse Disorder**

**Presenter:**

VonZell Wade, Ph.D., LPC, CCTP, AIS

**Course Description:**

The purpose of this webinar is to support the education and skill development for professionals who work with people with substance use disorders (SUDS). Building on our previous training and knowledge that addiction is a neurological‐biological‐behavioral chronic health condition, we will integrate the existing knowledge of the addiction field to support addiction treatment along a continuum of care. The training will focus on cognitive behavioral, mindfulness, and acceptance and commitment therapeutic techniques specific for treating SUDS.

**Course Objectives:**

After attending the course, a participant will be able to:

* explore ways to change traditional treatment models to adapt to the neuroscience and research to treat substance use disorders as chronic health conditions;
* utilize Cognitive Behavioral Therapy (CBT) integrated with Motivational Interviewing approaches and tools to help clients identify, manage, and develop skills to control behaviors associated with cravings and triggers and support personal recovery plans; and
* learn to implement evidenced‐based short‐term interventions to treat and address SUDs while supporting personal recovery and relapse prevention.

**THAM4: Trauma-Informed Clinical Best Practices**

**Presenter:**

Karen Johnson, MSW, LCSW

**Course Description:**

In a trauma-informed organization, the clinical and peer work force ensures trauma-informed clinical best practices address the effects associated with trauma while honoring the core principles of trauma-informed care. It is an organization’s clinical work that gets to the core of shifting the focus from What is wrong with you to What happened to you. Participants will explore the many facets of providing trauma-informed clinical best practices, key components to trauma-informed clinical practice, core competencies of a trauma-informed practitioner, and what it means to apply trauma-informed principles across all stages of treatment. Learn about trauma-specific, evidence-based, and emerging best practices, including interventions focused on the mind/body connection.

**Course Objectives:**

After attending the course, a participant will be able to:

* be aware of trauma-informed practitioner core competencies;
* increase understanding of how to apply trauma-informed principles across all stages of treatment, from universal screening through treatment planning and discharge;
* explore key components to trauma-informed clinical practice, including support network involvement, consumer voice and choice, wellness and crisis prevention and coordination of care;
* explore trauma-specific, evidence-based and emerging best practices; and
* increase understanding of the body/mind connection and how approaches focused in this area can be critical to healing and recovery.

**THAM5: Practicing Alcohol Moderation in a Post-Pandemic World**

**Presenters:**

Cyndi Turner, LCSW, LSATP, MAC

Craig James, LCSW, LSATP, MAC

**Course Description:**

The COVID-19 Pandemic has contributed to drastic increases in drinking, leading unprecedented numbers of people seeking treatment with the abstinence model not always being the right kind of help. Pre-pandemic, over 90 million people in the United States struggled with alcohol use but were not physically dependent. Most programs are designed for the severe alcohol user, encompassing about 17 million people, leaving the majority experiencing problems from alcohol without appropriate services. The traditional recommendation for drinkers experiencing problems remains admitting that they are “alcoholics” who must quit drinking forever, attending 12-step meetings, and admitting powerlessness. With the numbers of people suffering from alcohol use disorders likely to continue growing and the DSM-5 now viewing substance use disorders on a spectrum, behavioral healthcare providers need to have resources that are appropriate for all levels of alcohol use. There is over 50 years of research that supports the harm reduction strategy of alcohol moderation as an effective treatment modality. Upon completion, attendees will be able to: describe why harm reduction is an effective treatment option for most alcohol users, predict who is a candidate for alcohol moderation using the Alcohol Moderation Assessment, develop and monitor an Alcohol Moderation Plan, and utilize alcohol moderation tools. Participants will walk away with tangible tools and experience a paradigm shift in how we treat people with drug and alcohol problems.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe harm reduction’s core concepts and why it is a controversial topic;
* identify who is a candidate for alcohol moderation using the Alcohol Moderation Assessment;
* develop and monitor an Alcohol Moderation Plan; and
* utilize harm reduction and alcohol moderation techniques.

**Presenters:**

**THAM6: Brief Negotiated Interview 101: Exploring Behavior Change**

Audra Morrison, MSW

Jackie Doss, MS, CHES

Jennifer Smith, LMSW

**Course Description:**

This session will introduce participants to Motivational Interviewing and the Brief Negotiated Interview (BNI). Participants will understand the principals of motivational interviewing and how to apply to BNI. The BNI helps healthcare providers explore behavior change with patients in a respectful, non-judgmental way in a limited period. This session will provide the skills necessary to develop competency in a successful BNI.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe the brief negotiated interview model;
* identify the evidenced-based practice model of brief intervention, the brief negotiated interview (BNI);
* interpret the principals of motivational interviewing and how to apply to BNI; and
* apply and practice application of BNI to patient engagement.

**Presenters:**

**THAM7: Using Media in Prevention: A Case Study**

Carie Wimberly

Jennifer Sulik

Jennifer Campbell

**Course Description:**

This course will discuss communication tools and strategies to effectively communicate community messaging through different media outlets. We’ll take a deeper look at social media platforms and discuss the strengths and challenges of each one when using as a communication tool.

**Course Objectives:**

After attending the course, a participant will be able to:

* determine the best platform to communicate messaging based on who they’re intended target is;
* develop a communication plan for their organization for both relationships building as well as critical outreach; and
* recognize the importance being able to communicate with their community consistently and in times of great adversity.

**THAM8: Navigating the Pathway to Recovery with Innovation, One Click at a Time cancelled**

**Presenters:**

Toria Pettway, LBSW

Marisa Barbieri, MSc.

**Course Description:**

Opioid overdoses are occurring at an increased rate across the country and Alabama is not exempt. According to the CDC in 2020, drug overdoses increased more than 20% in Alabama, placing this state as one of the top 25 states with the highest increase in drug overdoses. As individuals overdose and present to the emergency department, there is a critical window of opportunity where patients may be receptive to treatment and recovery services, via peer support. It is during this short period of time, where PeerRx can be of great benefit to both the patient and emergency department staff. PeerRX is a system that allows a peer to be located in under 10 minutes with the click of a button. Jefferson County recently implemented PeerRX in several hospitals. Join us to learn more about how this innovative technology can serve as a bridge to treatment for patients, increase capacity for hospital staff, and position your hospital to be a champion for recovery!

**Course Objectives:**

After attending the course, a participant will be able to:

* understand the value of peer support specialists;
* discuss the barriers to recovery from SUD and how peer support can help; and
* discuss innovations used in Alabama to fight the crisis and connect recent overdosed patients to immediate care.

**Presenter:**

**THAM9: Infusing Equity Into Your Prevention Work**

Albert Gay, M.S.

**Course Description:**

This course will introduce concepts of equity, diversity and inclusion and their importance in the field of prevention. In this session, we will define terms that are essential to the discussion, as well as discuss the roots of how inequities are formed. We will explore what populations are most impacted by health inequities and discuss the process of conducting a needs assessment to identify health inequities. Finally, we will explore the role that prevention professionals can play to assess inequities and help lower disparities while promoting a more equitable environment.

**Course Objectives:**

After attending the course, a participant will be able to:

* recognize how health disparities and other inequities play a role in behavioral health and substance use/misuse;
* define terminology linked to the discussion of health equity;
* understand their individual responsibility in the goal of attaining equity; and
* explore how to infuse health equity concepts into your needs assessment.

**THAM10: Understanding Peer Supervision: What You didn’t Learn in Graduate School**

**Presenter:**

Ed Johnson, LPC, LAC/S, MAC, CCS, CPRS

**Course Description:**

Routinely, the individuals who supervise Peer Support Specialists are Clinicians. They have formal training supervising clinicians, not peers. The man qualification to be a peer support specialist is lived experience. Peers require more specific supervision due to the work they do. In most cases, unfortunately, people who supervise peers are not familiar with a Recovery-Oriented system of care or the role peers are designed to play in the recovery process. This overview of supervising peers will help individuals providing supervision of peers do so more effectively and improve the quality of the services peers provide.

**Course Objectives:**

After attending the course, a participant will be able to:

* list a minimum of three things which differentiate a recovery-oriented system of care (ROSC) from the current model of addiction treatment;
* articulate the role peers are intended to play in a recovery-oriented system; and
* list at least three things that differentiate supervising clinicians from supervising peers.

**THURSDAY AFTERNOON HALF DAY COURSES**

**1:30pm to 4:45pm**

**THPM1: DSM-5 and Substance Use Disorders Diagnosis**

**Presenter:**

VonZell Wade, Ph.D., LPC, CCTP, AIS

**Course Description:**

This webinar will provide an in‐depth review of the eleven diagnostic criteria for substance use disorders. We will explore the changes in criteria from DSM‐IV to DSM‐5 and how these changes align with the current neurobiological

understanding of addiction. In addition, we will explore the shift to diagnosing substance use disorders across a spectrum and the shift to using science‐based terminology. In exploring these changes, we will discuss approaches to treat people more effectively with substance use disorders and the impact this has on policy development. Overall, the goal of the training will be to support the addiction treatment and recovery workforce by improving our effectiveness to support people with substance use disorders.

**Course Objectives:**

After attending the course, a participant will be able to:

* learn the DSM‐5 Criteria to accurately diagnose substance use disorders;
* understand the changes in diagnostic criteria from DSM‐IV to DSM‐5;
* discuss the implications of these changes in how we treat people with addiction;
* discuss the implications of these changes in how we formulate and implement policies and procedures; and
* be more confident in understanding the spectrum of substance use disorders to treat people more effectively

with substance use disorders.

**THPM2: HIV/STIs: an Overview for the Substance Abuse/Mental Health Professional**

**Presenter:**

Rick Meriwether, B.S.

**Course Description:**

This course will provide an overview of current developments in Sexually Transmitted Infection(s) (STIs)/HIV diagnosis and management to the lay person/professional especially those involved in the counseling & education of individuals living w/a dual diagnosis, i.e., alcohol/drug addiction AND a STI, including HIV and/or HBV/HCV. Participants will receive instruction on the nine most common STIs diagnosed in Alabama. Also, key Alabama laws regarding STIs/HIV will be discussed.

**Course Objectives:**

After attending the course, a participant will be able to:

* define/identify the following terms: abstinence, safer sex, risk reduction, HIV, AIDS, STI/STD, nPEP, PrEP;
* conduct a brief, accurate and sensitive assessment of an individual’s sexual risk-taking behavior;
* discuss the epidemiology, clinical manifestations, diagnosis, and treatment for the following STIs: HIV, gonorrhea, Chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis, and pubic lice; and
* review risk reduction/behavior change theories and models as they relate to STI/HIV infection.

**Presenter:**

**THPM3: Shared Decision-Making**

Debbi Metzger, MA, NCC, ADC, MAC

**Course Description:**

Research supports that when individuals have support in the treatment and recovery process, they experience greater success and progress more decisively toward permanent behavior change. Many people who struggle with alcohol use disorder (AUD) and Opioid Use Disorder (OUD) often require individualized behavioral and medical treatment to maintain sobriety. Withdrawals from these substances can trigger severe and potentially fatal symptoms, as well as an immediate return to use of the substance of abuse. Shared Decision-Making is a wholistic care model that promotes the inclusion of significant others and resources from the client’s living community. For MAT to be successful, a patient-centered care approach that includes shared decision-making, helps providers and patients work together to make care choices based on patient preferences and values. When a plan is patient directed, greater acceptance and adherence to treatment goals is accomplished.

**Course Objectives:**

After attending the course, a participant will be able to:

* assess best practices in the use of the Shared Decision-Making process;
* apply the guiding ethical principles of Shared Decision Making;
* evaluate and assess the appropriate uses of medication options in Medication Assisted Treatment and suggested client education components;
* integrate the use of the 3-step Shared Decision-Making Model (Choice talk, Options talk, Decision talk) in clinical practice; and
* describe and evaluate barriers and concerns of the care giver in successful implementation of the Shared Decision-Making Model.

**THPM4: Navigating Co-occurring Mental Health and Substance Use Disorders and Overcoming Barriers to Reduce Health Disparities**

**Presenters:**

Cherry W. Jackson, Pharm.D, FASHP, FCCP, BCPP

Jeanna Sewell, Pharm.D, BCACP

**Course Description:**

Given the negative impact of the COVID-19 pandemic on mental health and substance use disorders, it is prudent for providers to better understand current trends and the relationship between mental health conditions, substance use disorders, and health disparities. This session will explore co-occurring mental health and substance use disorders while providing practical tools to overcome barriers in this patient population, particularly related to adherence and medication access. This session will also define the social determinants of health (SDOH) according to Healthy People 2030. The audience will have a greater understanding of the relationship between how population groups experience “place” and the impact of “place” on health, and the important role healthcare professionals in reducing health disparities and improving health outcomes.

**Course Objectives:**

After attending the course, a participant will be able to:

* describe substance use disorder trends in Alabama and the United States;
* explain the relationship of common co-occurring mental health conditions and substance use disorders and associated implications;
* summarize behavioral and medication therapies that can be used to treat substance use disorders;
* describe the five key domains of social determinants of health according to Healthy People 2030 and how they relate to health disparities relevant to the Southeast; and
* identify strategies to improve medication access and adherence to reduce health disparities.

**Presenter:**

**THPM5: Fostering Resilience and Recovery: A Change Package for Advancing Trauma Informed Primary Care**

Karen Johnson, MSW, LCSW

**Course Description:**

Trauma-Informed Primary Care: Fostering Resilience and Recovery, a Kaiser Permanente funded initiative led by the National Council, brought together national experts, and thought leaders to develop a nationally applicable, evidence-based “change package” for advancing trauma-informed approaches in primary care. This resource is now available in the public domain for all primary care settings to use. This session will examine the concrete components of the Change Package and its applicability in primary care to create resilient environments in which we can deliver high quality services and address health care’s quadruple aim.

**Course Objectives:**

After attending the course, a participant will be able to:

* define the Change Package components that outline concrete steps for creating a trauma- informed organizational culture in the primary care setting;
* identify trauma-informed care change concepts that facilitate clinical and operational practice change in the primary care setting; and
* demonstrate real-world applications of the change package in primary care settings.

**Presenters:**

**THPM6: From Screening to Treatment Admission: Engagement, Retention and Attempts at Pre-Treatment**

Elana Merriweather, Ed.S., LPC, NCC, BC-TMH, AADC

Glenn Winkler, ALC, ICADC

**Course Description:**

This course will provide an overview of the benefits and barriers to retention and retaining recipients of care between the initial screening to assessment and to admission for treatment. Information will be shared on the barriers to recipient engagement and the benefits of peer support and recovery programs, and interagency collaborative partnerships during the post screening and preadmission phase to treatment.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify an assortment of tools that are used to screen patients/clients for behavioral health problems;
* explain how the placement assessment is used to identify community resources to support engagement and retention during the pre-treatment phase of care; and
* discuss the barriers and benefits to collaborative partnerships when developing and implementing pre-treatment activities with behavioral health service providers.

**THPM7: “Beginning to End” Opioid Use Disorder Care**

**Presenters:**

Ellen Robertson, Ph.D.

Jennifer Smith, LMSW

Stephen Taylor, MD

Karen Watkins-Smith, RN, BSN

Wendi Hogue, M.Ed., LPC, NCC

**Course Description:**

According to the Centers for Disease Control and Prevention (CDC), there were 81,230 drug overdose deaths in the United States in the 12 months ending in May 2020. During that period, drug overdoses increased more than 20% in Alabama. Therefore, this presentation will engage participants in the phases of care as it relates to reducing (primary prevention), screening (secondary prevention), and treating (tertiary prevention) opioid use disorder (OUD). Participants will also gain information about referral and support options that best serves the patient. Lastly, Alabama state policies and billing, as it relates to OUD, will be discussed. Participants will learn best practices for OUD service to achieve an integrated, whole-person, and equitable approach to OUD healthcare.

**Course Objectives:**

After attending the course, a participant will be able to:

* discuss the benefits of providing primary prevention services to patients;
* describe the SBIRT Model;
* differentiate between the US-AUDIT and DAST;
* describe the different forms of MOUD and the advantages/disadvantages of each;
* explain best practices in treatment of a patient in recovery;
* discuss referral options specifically about peer support; and
* identify the State policies, billing codes and bill procedure for SUD services.

**THPM8: The Intersections of Sexual Assault, Domestic Violence and Substance Abuse: Breaking Cycles and Approaching Clients**

**Presenters:**

Fran Sumner Jones, LMSW

Brenda Maddox, MSN/Ed, SANE-A, AFN-BC, RNC-OB, C-EFM

**Course Description:**

This course, taught from the viewpoint of sexual assault counseling, nursing, and education, will address the common intersections found among sexual assault survivors with domestic abuse and substance abuse. Specifically, the course will address the neurobiology of trauma and how this informs trauma-centered care for sexual abuse/domestic violence survivors. Instruction will also center on the complicated issue of consent as it relates to sexual assault and substance use. Participants will be instructed in how to advocate for sexual assault/domestic abuse survivors in a trauma-informed, survivor-centered manner.

**Course Objectives:**

After attending the course, a participant will be able to:

* recognize the neurobiological signs and symptoms of sexual assault/domestic violence in survivors;
* assess sexual assault survivors’ capacity for consent and process and explain the legal responsibilities involved in the assault; and
* demonstrate trauma-informed response and care for sexual assault/domestic violence survivors.

**Presenter:**

**THPM9: Ethics for Peers**

Ed Johnson, LPC, LAC/S, MAC, CCS, CPRS

**Course Description:**

Peers and Clinicians have different roles and different qualifications. By the very nature of their work with individuals with substance use disorders (SUD), peers face greater ethical challenges. This session will focus on helping peers learn how to avoid the common ethical pitfalls of inappropriate boundaries and self-disclosure while still facilitating the process of recovery for the individuals they serve.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify two criterions for determining when self-disclosure is appropriate in a peer relationship;
* list at least four boundaries that should never be crossed by a peer in working with a patient; and
* describe two strategies to avoid making inappropriate ethical decisions.

**THPM10: Real or Reel? Navigating Informed Response to Domestic Violence**

**Presenters:**

Lamea “Elle” Shaaban-Magaña, PhD

Kelly Miller, LMFT

**Course Description:**

Given the prevalence of domestic violence within our communities, this issue is often included in content across media with popular consumption. Myths regarding the topic are commonly circulated, and practitioners are often challenged to develop a complex informed understanding of domestic violence and apply best practices in intervention efforts. Using clips from popular television and film as opportunities for discussion, this interactive course will explore the dynamics of domestic violence; its relationship to substance use/disorder; and how to best support individuals who experience domestic violence, including considerations of ethics and boundaries.

**Course Objectives:**

After attending the course, a participant will be able to:

* accurately identify the complex dynamics of domestic violence (DV) and differentiate associated myths from facts;
* discuss the intersection of domestic violence with substance use/disorder, including effects and impact on formal help-seeking; and
* integrate an understanding of the dynamics of domestic violence and the interconnection of DV with substance use/disorder in informing evidence-based response as practitioners, including advocacy, safety planning, referral, and program accommodation.



**FRIDAY MORNING HALF DAY COURSES**

**9:30am to 12:30pm**

**FAM1: HIV/STIs: an Overview for the Substance Abuse/Mental Health Professional**

**Presenter:**

Rick Meriwether, B.S.

**Course Description:**

This course will provide an overview of current developments in Sexually Transmitted Infection(s) (STIs)/HIV diagnosis & management to the lay person/professional especially those involved in the counseling & education of individuals living w/a dual diagnosis, i.e., alcohol/drug addiction AND a STI, including HIV and/or HBV/HCV. Attendees will receive instruction on the nine most common STIs diagnosed in Alabama. Also, key Alabama laws regarding STIs/HIV will be discussed.

**Course Objectives:**

After attending the course, a participant will be able to:

* define/identify the following terms: abstinence, safer sex, risk reduction, HIV, AIDS, STI/STD, nPEP, PrEP;
* conduct a brief, accurate and sensitive assessment of an individual’s sexual risk-taking behavior;
* discuss the epidemiology, clinical manifestations, diagnosis, and treatment for the following STIs: HIV, gonorrhea, Chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis, and pubic lice; and
* review risk reduction/behavior change theories and models as they relate to STI/HIV infection.

**FAM2: Why is Clinical Documentation So Important?**

**Presenters:**

Stacey Lee

**Course Description:**

Good documentation is a central component to good clinical care. This training focuses on proper documentation as it relates to information that is required, which gives an account of the services delivered to clients in treatment. Participants will gain insight into the importance of viewing documentation as a form of self-supervision, essential to their professional practice and in their provision of quality clinical services.

**Course Objectives:**

After attending the course, a participant will be able to:

* understand the requirements of clinical documentation as it relates to best practices;
* practice writing a progress note that meets clinical requirements and uses best practices; and
* describe the components of case reviews, continuous assessment and continued stay criteria.

**FAM3: CARES MDT: A Multi-Disciplinary Team Helping Families Impacted by Substance Use Disorders**

**Presenters:**

Erica Hochberger, LICSW

Jana Thomas, LBSW

Kelli Mukaddam, BCJ

Mark Sapp, M.D.

**Course Description:**

Children’s Advocacy Centers regularly use the MDT approach to address concerns of child abuse, especially those that may rise to the level of prosecution. The National Children’s Advocacy Center (NCAC) built on that tradition to create a specialized MDT focused on addressing the entire family’s needs because, as our child abuse cases often reflect, each member of the family is impacted by any one person’s Substance Use Disorder (SUD). The CARES team includes CPS workers, treatment providers for caregivers with SUD’s, trauma treatment providers for the child and caregivers, community mental health, Medical Providers, and peer support, and focuses on treatment rather than prosecution.

**Course Objectives:**

After attending the course, a participant will be able to:

* review current research related to SUD’s, including prevalence, impact on families over the lifespan and on systemic resources, and best practices for treatment;
* explain why we created CARES MDT, including to provide wraparound services for the entire family, maintain a strengths-based perspective, lessen the burden on CPS workers, easily connect families to appropriate services, staff cases with a panel of local experts in real time, and ultimately prevent child deaths; and
* describe how we created CARES MDT, including preparation for and maintenance of the CARES MDT at all levels (senior leader, supervisors, direct staff), how it is going, and next steps.

**Presenters:**

**FAM4: Overview of Alabama’s Crisis System of Care**

Anthony Reynolds, LPC, CAC

Dr. Cindy Gipson, Ph.D

Jim Crego

Paula Steele, LICSW

Donna Leslie, LPC-S

**Course Description:**

No individual or family is immune from the impact of untreated behavioral health needs. Each year, there are thousands of preventable tragedies that may be addressed with proper mental health resources and access to care. The Alabama Crisis System of Care was developed to reduce the number of emergency room admissions and jail bookings due to behavioral health crisis. The Alabama Crisis System of care promotes integrated services, decreases the rate of expensive referrals, and develop a regional approach to crisis care. This training will provide an overview of the Alabama Crisis System of Care, best practices and identify the current four (4) Crisis Center providers in the state. Participant will gain an understanding of the referral, assessment, and admission process for a Crisis Center. The course will review in detail current Crisis Center’s treatment, case management, and referral processes.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify and refer to a Crisis Center;
* describe the core services provided by an effective Crisis System;
* recognize the best practices within a highly functioning Crisis System of Care;
* recognize how the Alabama Crisis System of Care will benefit individuals, families, law enforcement, hospitals, communities, and Alabama residents;
* differentiate between “Temporary Observation” and “Extended Observation” and the assessment and treatment processes within a Crisis Center;
* describe each current Crisis Center’s location, contact staff, and process of referral and admission to each;
* recognize the importance of community partners and stakeholders for a successful Crisis System of Care; and
* identify the requirements and staffing of a Crisis Center.

**FAM5: Changing Police Culture, A CIT Response To Crisis**

**Presenter:**

Johnny Hollingsworth, B.S.

**Course Description:**

This course will be an overview on Crisis Intervention Team (CIT) Program in Huntsville Alabama. This course will discuss the issues related to police response to crisis. What the CIT Program is and how does the CIT Steering committee fit in. Why mental illness is a community problem. How the communities are working together with CIT Programs to promote jail diversion, avoid fatal encounters, and create improved crisis response systems to help those in need. Why do we need to teacher other state agencies, how important are reginal CIT training hubs and the need to work towards a State CIT Steering Committee.

**Course Objectives:**

After attending the course, a participant will be able to:

* define "crisis intervention team" and enumerate the members of an effective team;
* describe the history of crisis intervention teams;
* identify the goals of crisis intervention team programs;
* what is the difference between a "Police Response" and a "CIT Modal Response to Crisis";
* why training officers is a small part of CIT response; and
* how can a community, region, or state change the response infrastructure which changes police culture.

**FAM6: Take Back, Educate, Inundate (TBEI): A Social Media Approach to Opioid Prevention in Clinical Settings**

**Presenters:**

Elana Merriweather, Ed.S., LPC, NCC, BC-TMH, AADC

Thomas Stephens

**Course Description:**

This course will provide an overview of how grassroots organizations can develop and implement innovative initiatives to address and prevent opioid misuse amongst recipients of care. Information will be shared on a multi-layered approach to medication disposal and prevention education using multiple social media platforms. The TBEI program has been presented at local, regional, and national conferences to address opioid use among people living with HIV in Alabama.

**Course Objectives:**

After attending the course, a participant will be able to:

* explain how the Take Back, Educate and Inundate Initiative is implemented specialty care settings;
* list creative methods for addressing opioid prevention through the use of Facebook, Instagram and Twitter;
* describe how social media can be used to raise awareness around National Health Days/Months to promote drug abuse prevention messages within the agency; and
* discuss how to replicate the TBEI program with traditional and nontraditional clinical service providers.

**Presenter:**

David Diab

**FAM7: The Legal Landscape of Addressing the Opioid Epidemic**

**Course Description:**

Cities, Counties, and States across the country are addressing the opioid epidemic through litigation against opioid manufacturers and distributors, including here in Alabama. This course will be an overview of the legal basis for these lawsuits and more importantly how the outcomes can provide a path forward.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify how the opioid epidemic began;
* recognize that through litigation there may one day be funding at the public level to address the epidemic; and
* employ strategies to utilize public resources to address the epidemic.

**FAM8: Value of Peer Support**

**Presenter:**

Pamela Butler, BSW

**Course Description:**

This workshop will define the role and value of peer support services in the substance use disorder system of care. When utilized appropriately a peer’s lived experience of the impact of a substance use disorder and their experience in recovery is valuable to an individual’s success in their recovery. Acute care substance use treatment without other recovery supports has often not been sufficient in helping individuals to maintain long-term recovery. Substance use disorders are currently understood to be chronic conditions that require long-term management, like diabetes. Peer-based recovery support provides a range of person-centered and strength-based supports for long-term recovery management. These supports help people in recovery build recovery capital—the internal and external resources necessary to begin and maintain recovery. Peers can assist with retention in recovery and/or treatment services by helping individuals break down barriers of experience and understanding, as well as power dynamics that may get in the way of working with other members in the substance use disorder system of care. The peer can keep an individual engaged in the recovery process by allowing individuals to find and follow their own recovery path, without judgment, expectation, rules, or requirements.

**Course Objectives:**

After attending the course, a participant will be able to:

* define the role and value of peers and recovery support services;
* recognize the value of “Recovery Capital”;
* utilize peers as part of an emerging transformation of systems and services addressing substance use disorder; and
* recognize how to utilize peers for engagement and retention in recovery and treatment process.

**Presenter:**

**FAM9: Vicarious Trauma: Signs, Symptoms and Management for the Healthcare Provider**

Denice Morris MS, MEd

**Course Description:**

According to SAMHSA (Substance Abuse Mental Health Service Administration), individual trauma results from an event, series of events, or set of circumstances experienced by an individual as physically or emotionally harmful or life-threatening with lasting adverse effects on the individual’s functioning and mental, physical, social, emotional, or spiritual well-being. The term vicarious trauma (Perlman & Saakvitne, 1995), sometimes also called compassion fatigue, is the latest term that describes the phenomenon generally associated with the “cost of caring” for others. It is believed that counselors working with trauma survivors experience vicarious trauma because of the work they do. Vicarious trauma is the emotional residue of exposure that counselors have from working with people as they are hearing their traumatic stories and become witnesses to the pain, fear, and terror that trauma survivors have endured.

**Course Objectives:**

After attending the course, a participant will be able to:

* define and identify common types of trauma;
* define vicarious trauma and accompanying factors;
* address survivor’s guilt; a common form of trauma identified during the pandemic; and
* identify the signs and symptoms of vicarious trauma and how to manage them.

**FAM10: Cognitive Behavior Therapy and the Use of Contingency Management**

**Presenter:**

Debbi Metzger, MA, NCC, ADC, MAC

**Course Description:**

Behavior modification is necessary for overall effective and long- term change of maladaptive behavior. Contingency Management strategies are an extension of motivation and Cognitive Behavioral therapy models focused. When one considers motivation and the possible rewards (both intrinsic and external) and other positive or desirable outcomes as being contingent on a certain set of behaviors, once agreement is met, behavior change results over time. With true behavior change, clients experience greater stability and recovery.

**Course Objectives:**

After attending the course, a participant will be able to:

* identify the guidelines established by SAMHSA for use of Evidence Based Practices to address quality care for those individuals seeking treatment for Substance misuse;
* practice and apply skills and application of this useful and evidence-based behavior change model, while being guided through sequential steps toward both learning and understanding;
* define contingency management and trace its roots to Cognitive Behavioral Therapies;
* learn the 7 Guiding principles of Contingency Management;
* develop an understanding of best practices in treatment and the effective use of Contingency Management within various treatment settings of the milieu;
* gain knowledge and skills in the use of token economy; reinforcement; incentives, incentive timing, incentive magnitude and distribution; behavior modification; contracting; and motivation enhancement;
* develop and apply through classroom practice an effective goal-setting framework, focused on the effort and initiative of the client toward desired behavior change; and
* identify desired outcomes in treatment and consider target behaviors that best promote successful treatment outcomes to include: retention, minimized potential for relapse, engagement, cessation of use, lifestyle changes and improvements, staff training and skill development, use of field and community resources, prize bowls and incentives, recognition, and tracking.

**TUESDAY FULL DAY COURSES**

**9:30am to 4:45pm**

**T1: The Current Cancel Culture: Do Ethics Change for the Behavioral Health Professional when Sociological Shifts Take Place?**

**Presenter:**

Joan Leary, MA, LPC, NCC

**Course Description:**

This course will provide a basic knowledge of ethics in professional practice and reviews ethical standards for addiction and mental health professionals and addresses the responsibilities of a professional working in these fields. Case studies and vignettes are utilized to teach ethical decision-making models and to give the participants opportunities to share and discuss ethical dilemmas in the workplace.

**Course Objectives:**

After attending the course, a participant will be able to:

* discuss cultural implications of Ethics and changes needed during diverse systemic shifts;
* gain knowledge of the current cancel culture and implications in ethical practice;
* learn the four general purposes and limitations of a Professional Code of Ethics;
* demonstrate an understanding of the functional differences between a personal and professional code of ethics;
* gain knowledge about 42 CFR and HIPAA and releases of information;
* define and identify the characteristics of a dual relationship;
* demonstrate an understanding of the difference between an ethical boundary violation and a boundary crossing;
* identify the steps necessary for ethical decision making and action;
* identify implications of Ethics and Social Media; and
* learn about the new Tele-behavioral Health implications.

**Presenter:**

**T2: Psychopharmacology 2022**

Dr. Merrill Norton Pharm.D., D.Ph., CMAC

Maddie Marsh, BS Psychology, Pharm.D. Candidate

**Course Description:**

The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM 5. Many of our patients take medications to function at their highest level of success, but psychotropics do present adverse drug effects and monitoring is required. An overview of counselor monitoring for medication efficacy will be discussed. The workshop will also highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropic. A recent review of the latest research in the neurobiology of anxiety, depression, and substance use disorders.

**Course Objectives:**

After attending the course, a participant will be able to:

* discuss and identify classes of drugs used to treat the spectrum of mental disorders;
* evaluate the latest medications used to treat MDD, GAD, and PTSD;
* outline the neurobiology of anxiety, depression, psychotic disorders, and substance use disorders; and
* discuss the most recent advances in drug therapies in the mental health and substance use treatment fields.

**T3: Assessing and Managing Suicide Risk (AMSR) for Substance Use Disorder Treatment Professionals**

***Participants taking this course will not receive partial credit. Must attend the full 6 ½ hours.***

***NOTE: Participants will need to be willing to participate in a working lunch to receive full credit.***

**Presenter:**

Tony Watkins, MA

**Course Description:**

Assessing and Managing Suicide Risk (AMSR) for Substance Use Disorder Treatment Professionals curriculum develops skills in the recognition, assessment, and management of suicide risk and the delivery of effective suicide-specific interventions. The AMSR-SUD curriculum follows national guidelines for evidence-based practices. The training aims to provide participants with the background knowledge and practical skills that they need to address suicidal risk and behaviors in clients in care for substance use disorder treatment.

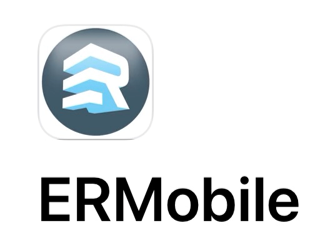
**Course Objectives:**

After attending the course, a participant will be able to:

* learn to manage reactions related to suicide and maintain a collaborative, nonadversarial stance. Acquire the necessary skills to address potential conflicts between a care professional’s goal to prevent suicide and relapse and a client’s goal to eliminate psychological pain via suicidal behavior;
* gain knowledge of the definitions and language used when talking about suicide, data that are relevant to addressing suicide in substance use disorder treatment including risk and protective factors, warning signs, and the complicating factors of substance misuse, including opioids;
* identify key points in treatment where a suicide assessment should occur, what questions to ask to learn more about a client’s suicidal thoughts and behaviors past and present, and how to ask them. Participants will practice asking questions in an interactive learning environment designed to help build confidence. The training presents key scenarios, such as when to seek supervision or consultation and what to do when someone discloses suicidal thoughts during a group treatment session;
* practice synthesizing assessment information into a risk formulation that will help inform next steps in treatment. AMSR emphasizes the importance of using a risk formulation not for prediction but as information to make a collaborative decision regarding recovery-oriented treatment planning; and
* review suggested actions to take based on a risk formulation using resources from SAMHSA’s TIP 50 and evidence-based interventions. Practice having conversations related to safety planning and addressing the potential for relapse through means counseling interventions.



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**AND MUCH MORE!**

PRESENTER BIOGRAPHIES

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| **Lisa Anderson Akine** |

**Lisa Anderson Akine is originally from Harrisburg, Pennsylvania, and moved to Georgia in 2007. She started her professional counseling career in substance use disorder in 1996, with 14 years of experience in medication-assisted treatment. She has an extensive career background working in Georgia’s criminal justice system. Along with being a conference speaker and consultant. Lisa earned a degree in Criminal Justice from The Pennsylvania State University, and she is also a level II certified addiction counselor in the state of Georgia. Lisa is currently pursuing her master’s degree in Clinical Mental Health and Counseling at Capella University.**

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| **Marisa Barbieri** |

**Marisa is a globally recognized healthcare technology innovation advisor. Advising both public and private clients. She is widely recognized for her cutting-edge, competitive HIT strategies and innovative software solutions. Her intensive technical background coupled with her approachable executive leadership style and market savvy has earned the confidence of clients such as IBM, New York City Department of Health and numerous hospital systems. Spanning her 25+ years in IT, she built a consulting firm and developed over 300 young engineers to strengthen the HIT workforce eco-system. Her innovative thinking and dedication to the opioid crisis has yielded two nationally recognized, innovative technology solutions which save lives every day. She is passionate about healthcare technology and its ability to have a meaningful impact on the world.**

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| **John Bayles** |

**John Bayles, the Program Director at the Recovery Resource Center, a program of the Crisis Center, has worked in the substance abuse treatment and recovery field for 6 years serving as a program manager, treatment guide, crisis consultant and community outreach coordinator. He has also worked as a journalist in development and public relations for non-profit. John is a person in long-term recovery, a father and a husband who finds purpose through helping others find recovery.**

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| **Iesha Beard** |

**Iesha Beard is the SPF-Rx Coordinator and Prevention Specialist at the Agency for Substance Abuse Prevention located in Oxford, Alabama. She graduated from Alabama State University in Montgomery, Alabama in 2015 with a Bachelors in English and a concentration in legal studies. Iesha is currently pursuing her Masters in School Counseling and Psychology. In 2016, she moved back to her hometown (Anniston) as a head start teacher for Childcare Network Development Center—where she worked for a total of 2 years. Beard soon realized she had a passion for strengthening her community through awareness education and prevention services. She later joined Alabama Department of Mental Health agency, ASAP in February of 2018 to not only be an advocate for her community, but to help families that been affected by substance misuse. Something she enjoys doing is traveling with her husband and making lifetime memories. Her life motto is: *“Strive to Succeed, Never Give Up.”***

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| **Anthony Brooks** |

**Anthony Brooks has dedicated his professional career to uplifting and supporting the young and young at heart. His job titles have consisted of clinical coordinator, family consultant, public relations coordinator, counselor/therapist, administrative assistant, program coordinator and motivational speaker. He has dedicated his professional career to uplifting and supporting his clients, customers, and students. Currently he serves as Principal at the Special Programming for Achievement Network which was ranked the number one program of its kind in his state from 2014-present. Mr. Brooks intends to receive a master’s degree in Social Work so that he may continue to expand his abilities to better serve the community.**

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| **Michelle Brown** |

**Michelle Brown, PhD is a passionate educator, Associated Professor, and Director of the Master of Science in Healthcare Simulation program at the University of Alabama at Birmingham. She believes curiosity and the power of pause allow us to reflect and to bring others into the conversation. She is the recipient of the President's award for Excellence in Teaching and the Graduate Dean's award for Excellence in Mentorship. Her interests include faculty development, behavioral factors associated with decision-making, and using simulation to better understand stigma associated with opioid use disorder. She believes authenticity and vulnerability are superpowers that help us create and sustain meaningful relationships.**

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| **Pamela Butler** |

**Ms. Butler has been in long-term recovery for over 28 years. She has worked in substance use disorder services in different capacities for 25 years as well as actively participating and promoting recovery in the community. Her experience spans a variety of services to consumers and their family members including direct care in residential and outpatient settings. She worked for 17 years at the University of Alabama at Birmingham as a primary substance use disorder counselor, aftercare coordinator for health care professionals, and treatment coordinator for Jefferson County Drug Court. She worked for 10 years at Aletheia House as a primary counselor serving consumers and family members. She is currently employed by the Alabama Department of Mental Health in the Office of Peer Programs as the Coordinator of Recovery Resources. She is responsible for the promotion of a recovery-oriented system of care for all behavioral health services. She promotes recovery resources through contact with recovery community, advocate groups, faith-based community coalitions, substance abuse consumers, their family members, prisons, court offices, universities, and other community stakeholders. She is dedicated to the promotion of consumer driven, evidence-based, recovery focused, easily accessible substance abuse services for all those in need.**

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| **James Campbell** |

**James Campbell has been working professionally in the human services field for over twenty-five years. His passion is helping individuals, families, and relationships to heal through leveraging their strengths and supporting other helping professionals as they cultivate their skills and expertise to assist others more effectively. James is a Licensed Professional Counselor, Licensed Addiction Counselor, Master Addictions Counselor, and an Advanced Alcohol and Drug Counselor. He is also a member of both NAADAC and ACA. James is the immediate past President of Addiction Professionals of South Carolina (aka SCAADAC) and has worked in a wide range of clinical settings over the years. Currently he serves as the Training and Technical Assistance Manager for the Southeast Addiction Technology Transfer Center located at the National Center for Primary Care at Morehouse School of Medicine and works privately as a nationally recognized author, consultant, professor, and speaker.**

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| **Jennifer Campbell** |

**Jennifer Campbell is a marketing engagement specialist who focuses on helping brands build relationships with their target audiences through client-centered strategies that utilize engaging and educational communications campaigns. With over twenty years of experience, beginning with work in organizations such as The Metropolitan Opera, The New York Shakespeare Festival and New York University, Campbell was inspired to establish Cherry Grove Creative, a boutique marketing firm providing marketing services to small to medium sized businesses and nonprofit organizations. There, she leads a team of women who provide tailored marketing strategy, cutting edge content, elevated graphic design and more to brands across the nation. Campbell's passion for serving the community and helping others succeed has led her to serve on many boards and committees from animal welfare to youth organizations. Campbell currently lives in Charleston, SC with her husband and their two rescue pups - Storm and Malcolm.**

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| **Dr. Brian Canfield** |

**Dr. Brian S. Canfield is an internationally recognized expert in the fields of psychology and family counseling. He has more than thirty years of clinical experience working with a wide range of mental health and life adjustment issues – specializing in contextual relationship issues with “high-risk” clients. He has provided training to professional groups throughout the USA and in 27 countries. He is a licensed psychologist, a certified master addiction counselor, a licensed professional counselor, and a licensed marriage and family therapist. He holds appointment as Professor of Clinical Mental Health Counseling at Florida Atlantic University in Boca Raton, Florida. He is a past president of the International Association of Marriage and Family Counselors (IAMFC), and a Fellow and Past President of the American Counseling Association (ACA), and a founding Director of the International Association of Psychology and Counseling (IAPC) –** [www.intapc.org](http://www.intapc.org)**.**

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| **Dr. Lucy Cannon** |

**Dr. Lucy Roberts-Cannon is the CEO/Owner of LEJ Behavioral Health Services, LLC, a training, and consulting company in Metropolitan Atlanta. She is a Licensed Clinical Social Worker in the states of Georgia and Alabama. She has the following certifications: Co-Occurring Disorders Professional-Diplomate (CCDP-D), Internationally Certified Co-Occurring Disorders Professional Diplomate (ICCDPD), and Medication Assisted Treatment Specialist (MATS). She has been a clinician, supervisor, director, and consultant of mental health and co-occurring disorders programs in inpatient and outpatient healthcare organizations and psychiatric hospitals in various states in the United States. She is also a national trainer on various mental health and co-occurring disorders topics. She is a trainer and facilitator for the Department of the Navy Reserve and Yellow Ribbon Programs. She is an Adjunct Professor at Clark Atlanta University School of Social Work. She serves on various healthcare organizations boards of directors and advisory boards in Metropolitan Atlanta. She is very committed to the treatment of individuals with mental health and co-occurring disorders disabilities and the continuing education of professionals in the whole health field.**

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| **Jim Crego** |

**James Crego serves as Executive Director of the Jefferson-Blount-St. Clair Mental Health Authority in Birmingham, where he has been employed for over 26 years. Recognized in 2020 as the Professional of the Year by NAMI Alabama. Married, with three daughters, and a graduate of Birmingham-Southern College.**

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| **David Diab** |

**David Diab is an attorney with the Beasley Allen Law Firm. David is a native of Tuscaloosa, Alabama. He earned his Bachelor of Science degree in Environmental Design in 2004 and a Master of Landscape Architecture in 2006, both from Auburn University. He received his Juris Doctor and Advanced Certificate in Environmental Law from Elisabeth Haub School of Law at Pace University in White Plains New York. He has been a community supporter of mental health and addiction recovery advocacy programs in Tuscaloosa by attending events aimed at raising awareness and supporting those people and organizations in the mental health and addiction recovery communities. As an attorney, he has worked on a team representing the State of Alabama in litigation against opioid manufacturers and distributors. Through this experience, he has developed a working knowledge of the history of the opioid epidemic in the United States. More importantly, he has developed an understanding of the strategies that could be employed to help address the epidemic.**

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| **Jackie Doss** |

**Jackie Doss is the SBIRT Health Educator and Program Specialist for the VitAL project with the School of Social Work at University of Alabama. She is responsible for training SBIRT staff and interns, creating community outreach and educational opportunities, and serving as a resource for staff and community members, amongst many other duties. She has served in this role for 2 1/2 years. Ms. Doss graduated from Mississippi University for Women in Columbus, MS with a master’s degree in Health Education and a bachelor’s degree in Communication. After completing her education, She had the opportunity to work in Arkansas as a Certified Public Health Educator and Care Coordinator with the state and in clinical settings for 4 years.**

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| **Shereda Finch** |

**Shereda Finch has been the executive director at the Council on Substance Abuse-NCADD (COSA-NCADD) since 2013. Originally from Cleveland, Ohio, she has worked in the non-profit arena for over 20 years. Under her leadership, COSA-NCADD has secured over $12 million dollars to expand and implement alcohol and substance/HIV and mental health prevention programs in seven counties (Montgomery, Elmore, Lowndes, Autauga, Dallas, Perry, and Wilcox) and recovery support services across the state. Additionally, Ms. Finch led the effort to open Montgomery's first Recovery Community Center, a place where individuals with alcohol and drug problems can receive holistic wrap-around peer services (i.e., housing and employment assistance, community referrals, recovery planning, etc..). As a member of Governor Kay Ivey's Opioid and Addiction Council, she currently serves as the Chair on the Prevention and Education Sub-Committee and participates on various other committees and task forces to address alcohol and substance-related issues at the local, state, and federal level. She has a bachelor's degree in political science, two master's degrees in community health education, and public administration. She is currently a PhD candidate with a focus in Mental Health Administration.**

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| **Albert Gay** |

**Albert Gay was ordained into the ministry in 1994 and since that time he has worked with youth and communities in many capacities. Albert has been in full time ministry as a youth pastor, where he counseled urban youth in positive directions and provided them with alternative solutions to the “streets.” He expanded into the Prevention field in 1997 when he was employed by the Boys & Girls Clubs of Northwest Indiana as a Prevention Coordinator. He has received credentials as a Certified Prevention Professional by the Indiana Association of Prevention Professionals in 1999. While attending ministry school in Florida, he worked as a Behavioral Specialist with troubled youth. He is currently a Master Trainer for TTJ Group, LLC by providing services to non-profit, faith-based and community organizations and governmental entities in developing and implementing technical assistance and training services in an innovative and practical format. He obtained his B.A. in English Arts from the historically distinguished, Hampton University in Virginia, and he obtained his Master of Science in Management from Oakland City University in Indiana. He received ministry training from Christian International’s Ministry Training College in Florida.**

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| **Dr. Cindy Gipson** |

**Dr. Cindy Gipson has a Ph.D. in psychology from the University of Texas at Austin and a 30-year career in mental health. Dr. Gipson has worked in the Alabama state psychiatric hospital system, at Searcy Hospital in Mt. Vernon, and as a first responder in Central Texas doing Mobile Crisis Outreach with the Williamson County Sheriff’s Department. She has been with AltaPointe Health for the past ten years, developing crisis and jail diversion services to address the growing disparity in mental health treatment for high utilizers of emergency services and the increasing number of people with mental illness and co-occurring disorders who are incarcerated. Most recently, Dr. Gipson has worked on several grants for Assisted Outpatient Treatment in Mobile and Baldwin Counties, a grant for Day Reporting Centers through the Department of Corrections, several Bureau of Justice Assistance Police Mental Health Collaborative grants, and grants through the Alabama Department of Mental Health for the Stepping Up Initiative and the Behavioral Health Crisis Center. Dr. Gipson heads up the BHCC, located in Mobile, serving seven counties providing urgent care, 23-hour observation, and extended observation for individuals in a behavioral health crisis. Dr. Gipson has a long history of providing training, including mental health first aid, annual mental health training, segments of the Crisis Intervention Team (CIT) curriculum, and specialized mental health training to local law enforcement in Mobile and Baldwin County.**

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| **Vanessa Goepel** |

**Ms. Vanessa Goepel is Licensed Professional Counselor Supervisor (LPC-S), with more than 15 years’ experience in behavioral health treatment. She earned her B.A. in Psychology and Criminal Justice from The University of Alabama and her M.A. in Psychology from Pepperdine University in Los Angeles, California. She is the Director of The University of Alabama’s Office of Disability Services, which regulates academic accommodations, and has been with UA since 2014. She also manages a small private counseling practice in Tuscaloosa and offers counseling to adolescents and adults with a variety of behavioral health concerns. She has extensive experience in program management, including managing the substance use programming at Indian Rivers Mental Health Center for 5 years. She is the current Board President of Alabama AHEAD (Association of Higher Education and Disability), is the former Board President for PRIDE of Tuscaloosa, a local substance use prevention program, and has been a member of the Alabama School of Alcohol and Other Drug Studies (ASADS) Board since 2017.**

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| **Carlton Hall** |

**Carlton Hall is the President and CEO of Carlton Hall Consulting LLC (CHC), a multi-faceted, full-service consulting firm designed to provide customized solutions and enable measurable change for communities, organizations, families and individuals. Currently, he and the CHC team provide executive training and technical assistance support to the Southeast Prevention Technology Transfer Center for Region 4. He has been providing intensive substance abuse prevention focused and community problem solving services to the nation for the last 25 years. His responsibilities, unique set of skills and experience have made him one of the most highly sought-after instructors and guides for community problem solving in every state and territory in the nation as well as internationally, with successful achievements in South Africa, Ghana, Bermuda, Kenya and others.**

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| **Brian Hayes** |

Brian Hayes is currently a Service Manager for CSI Compressco in Texas. He has worked in the gas/oil industry for 33 years. He began drinking at the age of 14. He is currently 52 years old, a recovering alcoholic and have been sober since 2/17/2012. He attempted and completed in-patient alcohol rehabilitation in 2012, at Bradford Health Services in Warrior, Alabama. Treatment provided him with a solid foundation for his recovery and instilled in him a desire and passion to help others. After he completed rehabilitation, he worked part-time as a Treatment Guide at Bradford and has been a keynote speaker for various meetings and conferences. He has a 23-year-old son that is actively addicted to heroin.

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| **Leslie Herhold** |

**Leslie Theriot Herhold, MSW, LCSW, PMH-C graduated with a master’s degree in Social Work from Louisiana State University in 2006. She is a clinical social worker with over a decade of experience in working with women during the perinatal period in the hospital setting. She is certified in Perinatal Mental Health and is a published author in the field of women’s mental health. She is a field instructor for the University of Alabama and has a private practice in Fairhope specializing in women’s mental health services. She offers clinical consultation and continuing education workshops to local healthcare providers. She is a member of the National Association of Social Workers and the National Association of Perinatal Social Workers and serves as a volunteer support coordinator in Baldwin County for Postpartum Support International.**

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| **Yvette Hester** |

**Yvette Hester serves as a subject matter expert of the disease of substance addiction- specifically opioids, co-occurring disorders, and related problems for COSA-NCADD. She has been responsible for multiple behavior health grants over the past 6 years within the Council on Substance Abuse and understands the need for prevention, treatment, and recovery education resources within the state of Alabama. She is a graduate of Alabama State University and has a master’s degree in rehabilitation counseling. As a behavioral health professional, She is not only certified as a Mental Health First Aid Instructor with the National Council of Behavioral Health. She is also a forensic expert in the field of proprietary rehabilitation for individuals with physical, mental, developmental, and emotional disabilities. She emphasizes educational awareness is driven by the notion that everyone should have the opportunity to live a healthy and self-sustaining life. This is possible with professionals who can view individuals holistically, and work towards collaborative improvements.**

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| **Erica Hochberger** |

**Erica Hochberger, LICSW, serves as Clinical Director of the National Children’s Advocacy Center in Huntsville, AL. Within that role, she oversees direct service provision for child victims served by the NCAC, serves on the local Multi-Disciplinary Team (MDT), carries a small trauma therapy caseload, and provides trainings upon request. She joined the NCAC in 2014 as a trauma therapist and is certified in Trauma-Focused Cognitive Behavioral Therapy; she also provides Child-Parent Psychotherapy and Parent-Child Interaction Training. She worked in victim services primarily providing therapy related to domestic violence and sexual assault prior to joining the NCAC.**

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| **Wendi Hogue** |

**Wendi Hogue is the FREEDOM Project Director with the VitAL Initiative in the School of Social Work at The University of Alabama. VitAL is committed to improving the wellness of Alabama’s communities through training and education, service and implementation, research and evaluation, and community engagement. FREEDOM is a grant-funded program to reduce the number of opioid-related deaths in Alabama. She holds her M.Ed. from The University of Montevallo in Clinical Mental Health Counseling and Marriage and Family Therapy. She is a Licensed Professional Counselor and a National Certified Counselor. She came to The University of Alabama after working in Community Mental Health for four years. She began at Brewer Porch Children’s Center as a Therapist moving to The Office of Disability Services as an Accommodation Specialist prior to coming on board with FREEDOM in 2019. She works part-time in her private practice, treating clients struggling with substance use disorder, anxiety, ADHD, depression, and trauma.**

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| **Johnny Hollingsworth** |

**Johnny has been an officer with the Huntsville Police Department for 35 years. He has a criminal justice degree from Columbia Southern University. He is currently the CIT/ Mental Health Officer Training Coordinator, Master CIT trainer with CIT International, and a Madison County mental health officer. He has served as a hostage negotiator for 14 years with multiple certifications from the FBI. He is currently a NAMI Alabama Board of Director.**

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| **Dr. Scott Holmes** |

**Dr. Scott Holmes serves as the Statewide Director of Behavioral Health for the Alabama Department of Youth Services. He is the former Clinical Supervisor of Psychological and Drug Treatment Services at Tutwiler Prison for Women and Kilby Correctional Facility for the Alabama Department of Corrections. In addition, Dr. Holmes has served as a Mental Health Consultant with Juvenile Probation, as well as a Behavior Interventionist for Montgomery Public Schools Alternative Schools as well as the Montgomery Co. Youth Detention Facility. He currently serves as an adjunct professor in the School of Behavioral Sciences at Argosy University in area of Counseling and Forensic Psychology. He also serves on the National Faculty for the National Institute for Corrections-U.S. Department of Justice-Board of Prisons Division, facilitating trainings in the area of Operational Practices for Women’s Prisons, Executive Management in Correctional Healthcare, and Mental Health Crisis Intervention in Prisons and Jails. Dr. Holmes holds a B.A in Public Relations, M.S in Counseling/MFT, Masters of Divinity, Education Specialist Degree (Ed.S) in Clinical Mental Health Counseling., as well as a Doctor of Psychology from Argosy University. Dr. Holmes is a Certified Drug Counselor, Certified Sex Offender Treatment Specialist, Licensed Professional Counselor (LPC), as well as a consecrated Prelate in the Joint College of Pentecostal Bishops. He is member of the Alabama Counseling Association, as well as a Life Member of Phi Beta Sigma Fraternity, Inc. In his leisure, he enjoys running, singing, playing the piano, and reading.**

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| **Dr. Holly Horan** |

**Holly Horan, PhD, is an Assistant Professor of Anthropology at the University of Alabama, a birth and postpartum doula, and a perinatal health advocate. Her research focuses on the relationship between maternal stress and birth outcomes and the scaling up of collaborative perinatal care with an emphasis on the inclusion and recognition of doulas as members of the maternity care team. She is the primary investigator on two projects in the state of Alabama: a state-wide, community led MIH research needs assessment and the development of a prospective data collection project for community doulas in Central Alabama. She recently served as the program coordinator for the Community Doula Program, a Medicaid-funded program providing doula services to priority populations in three counties in Oregon. She currently leads the program’s research team and is the president of the program’s non-profit fiscal agent, Heart of the Valley Birth and Beyond. At the University of Alabama, she is also a lead member of an emerging transdisciplinary collaborative, Partners for Alabama Families and Communities.**

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| **Dr. Cherry Jackson** |

**Dr. Cherry W. Jackson is Professor of Pharmacy at the Auburn University Harrison School of Pharmacy and Clinical Professor of Psychiatry and Behavioral Neurobiology and clinical specialist at the University of Alabama, Birmingham. She has been actively involved in working with patients with psychiatric disorders for the past 30 years.**

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| **Jessica Jaiswal** |

**Dr. Jessica Jaiswal is an Assistant Professor in the Department of Health Science at The University of Alabama and a Visiting Scholar at Yale University in the Center for Interdisciplinary Research on AIDS. She earned her PhD in Sociomedical Sciences from Columbia University in the City of New York, her MPH in Behavioral Science and Health Education from Emory University Rollins School of Public Health, and her bachelor’s degree from the University of Michigan in Women’s Studies, Native American Studies and Latin American Studies. Her two main research areas focus on HIV-related inequalities along the HIV prevention and HIV care continua and among people using medications for opioid use disorders. Her current work on HIV prevention efforts in methadone clinic settings is funded by the National Institute on Drug Abuse (NIDA). This qualitative pilot study examines the acceptability and feasibility of offering pre-exposure prophylaxis (PrEP) in methadone clinics. PrEP is a daily pill that HIV negative people can take that is extremely effective in preventing HIV acquisition from sexual and drug using partners. Although approved by the FDA in 2012, PrEP uptake among the communities most in need of HIV prevention. The purpose of this study is to understand methadone clinic staff and patients’ HIV and PrEP-related attitudes, perceptions, and beliefs. For more information about Dr. Jaiswal’s current and recent research, please visit the Research tab at the top of this page. She serves as a senior associate editor for the Annals of LGBTQ Public and Population Health Journal and as an associate editor for Behavioral Medicine. Her research has been published in AIDS and Behavior, Journal of the Association of Nurses in AIDS Care, Culture, Health and Sexuality, Behavioral Medicine, Journal of Racial and Ethnic Health Disparities, and the Journal of Health Care for the Poor and Underserved. Prior to joining the faculty at UA and completed postdoctoral training at New York University in the College of Global Public Health as a Provost Fellow and was a Research Fellow in the Behavioral Science Training Program in Substance Use, funded by the National Institute on Drug Abuse (NIDA).**

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| **Craig James** |

**Craig James, LCSW, LSATP, MAC has been in the addiction treatment field for over twenty years. He is the Co-Founder & Director of Operations of Insight Into Action Therapy and Insight Recovery Centers. He co-developed and implements the Dual Diagnosis Recovery Program© and is a nationally recognized trainer on alcohol moderation and harm reduction. He serves on the boards of Dandelion Meadow, Virginia Association of Addiction Professionals, and Loudoun County Community Services Board.**

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| **Ed Johnson** |

**Ed Johnson obtained a bachelor’s degree from Auburn University and a master’s degree in Clinical Counseling from the Citadel. He has been with the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta since March 2010 and currently is the Director of Training and Technical Assistance. For the previous twenty (20) years, he held various clinical positions at Charleston Center (Charleston County Department of Alcohol and Other Drug Abuse Services) in Charleston, South Carolina, working in the Opioid Treatment Program (OTP) and HIV Early Intervention Service. He has provided numerous trainings in the Southeast on Recovery-Oriented Systems of Care, Professional Ethics, HIV/Addiction, Opioid Use Disorders/Treatment, and issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision He is currently credentialed/licensed as a Master Addiction Counselor (MAC), a Certified Clinical Supervisor (CCS), and a Licensed Professional Counselor (LPC).**

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| **Karen Johnson** |

Karen Johnson brings knowledge of the advancing science around resilience, brain development, adversity, toxic stress, equity, and trauma-informed approaches to the complex challenges we face. This expertise, coupled with her 27 years of experience in child welfare, behavioral health, and community services, enables her to successfully partner with leaders, staff, community members, and participants across numerous settings to promote individual and organizational resilience. She leads the development of the Change in Mind Institute at Social Current, leveraging the latest advances in neurosciences and trauma-informed approaches across sectors and at the practice, policy, and systems levels. She oversees the Texas Change in Mind Learning Collaborative, through which 10 organizations from multiple sectors across Southeast Texas are working to embed brain science principles with the goal of improving outcomes for children and families, as well as their organizational cultures and ability to collaborate with partners. Through her five-and-a-half years on the National Council for Mental Wellbeing’s trauma-informed services team, and her ongoing work as an independent consultant, she has experience training and consulting with organizations, systems, and communities striving to advance trauma-informed, resilience-oriented approaches. She also led and developed community-based programs during her 19 years at SaintA in Milwaukee. She combines the newest advances around adversity, relational health, and resilience to infuse hope and connection into our work. She is a licensed clinical social worker certified in Dr. Brené Brown’s Dare to Lead and Daring Way and trained in Dr. Bruce Perry’s Neurosequential Model of Therapeutics.

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| **Dr. Karen Johnson** |

**Dr. Karen Johnson is an Assistant Professor at the University of Alabama (UA), School of Social Work. She received her Ph.D. from Columbia University (CU) School of Social Work and completed post-doctoral training in Global Mental Health and Implementation Science (IS) from CU / New York State (NYS) Psychiatric Institute. Her research explores historical, cultural, geographical, and other contextual factors (e.g., trauma, oppression, religiosity, stigma, place) that drives sexual risk and drug-use behaviors in women in the criminal justice system in the Northeast and the deep South. Her research specifically focuses on 1) decreasing HIV/sexual risk behaviors and co-occurring risks among justice-involved, drug-using women across the life course; 2) evidence-based intervention adaptation, acculturation, and implementation; and 3) peer-led interventions. She has designed/implemented multiple IS-focused pilot studies and has served as a co-investigator and led NIH and Substance Abuse and Mental Health Services Administration funded intervention adaptation and implementation studies. She is an affiliate with the University of Alabama at Birmingham (UAB) Center for AIDS Research, a Johns Hopkins Implementation Science in HIV fellow, and in 2020 completed a UAB National Institutes of Health (NIH) funded Minority Health and Health Disparities fellowship. She is also a NYS Office of Mental Health Policy Scholar and a 2020 UA Center on Community-Based Partnerships fellowship awardee.**

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| **Fran Jones** |

**Fran Sumner Jones, LMSW, is the staff therapist at the Tuscaloosa Safe Center. She works with clients from a 9-county area in Northwest Alabama who have experienced sexual assault during their lives. She is trained in EMDR and Trauma-Focused Cognitive Behavioral Therapy. Before joining the Tuscaloosa Safe Center in 2020, Fran worked in student services at the Namibia University of Science and Technology providing sexual assault prevention and awareness programming and education as well as direct counseling for students.**

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| **Robby Keeble** |

**Robby has a long and successful career in the addiction/recovery profession. He is recently retired as the founder and senior partner of Any Length Resources LLC which operates recovery residences in Alabama and Florida. He also was Executive Director of the Genesis Center in Georgia and The Center For Addiction and Mental Health Services at Lloyd Noland Hospital in Alabama. He has served as a consultant for the development of several programs over the last 30 years. He has presented to professional groups including social workers, counselors, nurses, physicians, and recovery residence operators. He is the creator of “Time to Recover”, a time management tool for recovering people, and “The Broken Brain” a layman’s view of the brain of an addict. He also presents extensively on topics related to healthy recovery communities and spiritual virtue in healthy sober living facilities. He currently serves on several boards of directors for recovery organizations. He also serves as a board member for The Alabama Alliance for Recovery Residences and is a founding member.**

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| **Mansfield Key** |

**Mansfield (Pete) Key III is the leading Growth Development Strategist and International Motivational Speaker. He’s a Life Coach, mentor, consultant, speechwriter, certified HIV/AIDS Instructor. He holds multiple certifications in grief counseling and 21st Century Leadership. He’s certified in Relationship Smarts, Fatherhood Initiative, Together We Can, and Basic Training for Relationships from the Human Development Department at Auburn University. He has provided technical assistance to the Federal Government’s Health and Human Service for all 50 states and has worked directly with the U.S. Centers for Disease Control. He has consulted for the Departments of Education and Public Health in several states. He has also provided presentations for the Juvenile Justice System, Dream Development Center in Johannesburg, South Africa, and Liverpool, England’s Hope Organization. He is the creator of the Lunch with The Keys Program, teaching Character Education to kindergarten through twelfth-grade students. The youth services program, Lunch with The Keys, won the School of Distinction for Florence High School and went on to be awarded the 2019 CLAS Banner for Alabama School District 7. Pete’s Fatherhood program also won the Community Action Head Start Fatherhood Program of the year. He was named Humanitarian of the Year for the Alpha Phi Alpha Fraternity. He’s also a member of the 2016-2017 Class of Leadership Alabama and the 2020 President of the Florence Rotary Club. His speaking engagements include the Ryan White National Conference; Substance Abuse and Mental Health Services Administration (SAMSA); Alabama Education Association; Alabama Associate of School Boards; and the School Superintendents of Alabama. He has authored three books and released multiple curriculums. Besides his relationship with God, he is most proud of his wife, Sharlene, and two daughters, Erin and Joi. Key believes everyone has something special, but sometimes people need others to help them discover it.**

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| **Tom Lane** |

**Tom Lane, NCPS, BCPA, CRPS, is the founder and CEO of Expedition Health Innovations. He has over 22 years of experience developing and implementing peer-operated programs, services, and supports in the community and within publicly funded and commercial payer and provider settings. Prior to starting his own company, he worked for 14 years as the senior director of recovery and community supports for a large payor. His previous job was at a large community mental health center in south Florida, where he was responsible for community supports and forensic services, serving over 12,000 unduplicated people each year across four counties. He is a subject matter expert on the intersections of behavioral health, law enforcement, and criminal justice systems, and has provided training and consultation to the Federal Bureau of Investigation, SAMHSA, and NASMHPD, to name a few. He has briefed Congress, appearing twice in the Congressional Record. He has consulted with 31 states to advance the concepts of recovery, wellness and community inclusion. Starting in 2020, Tom provided consultation and technical assistance to ADMH relevant to the rollout of the crisis diversion centers, with a focus on peer workforce development and workplace readiness. Tom created an 8-hour crisis support peer specialist course specifically for peers working in crisis services settings. As a person in recovery with lived experiences, including being homeless and having frequent contact with law enforcement and first responders, he knows first-hand the downward spiral addiction and mental health disorders often lead to. As a double attempt survivor, he understands the priceless nature of holding hope for those who are not able to hold it for themselves. For a third of his life, he has worked to increase access to effective peer support to help others living with substance use and co-occurring disorders recover and reclaim their lives. From 2014 – 2017, he served on the national board of directors for the Depression and Bipolar Support Alliance, the country’s leading advocacy group for people living with mood disorders. Currently, Tom serves on the board of directors for the National Association of Peer Supporters. He is a Navy veteran, and lives in Wisconsin Dells, WI with his wife Renee, Riley the Cat, and Millie, their rescued golden retriever.**

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| **Joan Leary** |

**Joan Leary, Licensed Professional Counselor Supervisor, Masters Addiction Professional, Trainer and Presenter who has worked in the behavioral health field for over 20 years. Joan received her BA from The Ohio State University in Humanities and Spanish, her MA in Agency Counseling from The University of Alabama Birmingham. She was employed by The University of Alabama Birmingham, School of Medicine, Department of Psychiatry Substance Abuse Programs for fifteen years as the Director of training. She was the Project Manager for the SAMHSA Addiction Technology Transfer Center for 13 years where she traveled the southeast training addiction and mental health professionals. She has experience training criminal justice professionals, social workers, counselors, healthcare practitioners in a variety of curricula including Trauma Informed Care, Motivational Interviewing, Ethics and Confidentiality, Cultural Diversity, Case Management, LGBTQ, Grief and Loss, Counseling Skills, Family Issues, and others. She retired from a private counseling practice in Birmingham, Alabama after 17 years and moved to Florida where she provides training and consultation for conferences and behavioral health agencies.**

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| **Stacey Lee** |

**Stacey Lee currently works for the Alabama Department of Mental Health (ADMH) Substance Abuse Division as the State Opioid Response (SOR) Project Director. She started her career with ADMH in March of 2018. Stacey worked as a therapist full-time for 14 years prior to joining ADMH. She has worked in many different specialty areas as a substance abuse therapist and a mental health therapist including in-home therapy, school-based therapy, and crisis hospital and stabilization for children and adolescents. Stacey earned a Master of Science in Psychology and a Master of Education in Counseling and Development from Auburn Montgomery. More recently she earned a Master of Science in Healthcare Management from American Intercontinental University. In her free time, She likes to spend time with her daughter and go to the gym.**

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| **Donna Leslie** |

**Donna Leslie is the Executive Director for Montgomery Area Mental Health Authority, a community mental health center that covers Montgomery, Elmore, Lowndes and Autauga counties. She received her Bachelors in Psychology from Auburn University at Montgomery in 1999, and moved to Boston where she received her Master of Arts in Counseling Psychology from Boston College in 2001. She remained in Boston for almost ten years, becoming a Licensed Mental Health Counselor in 2003 and serving as Clinical Director for Wild Acre Inns. In 2010, she returned to Alabama to be near family and raise her son with her husband and an increasing number of cats and dogs. She has been with Montgomery Area Mental Health Authority since 2011, serving as Executive Director since 2018. She enjoys reading, writing, music, and spending time with her family.**

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| **Ashley Brook Loftis** |

**Ashley Loftis, ALC, NCC, CPS is the Prevention Navigator for Project LEAP, which is a collaboration between UAB Medicine and the Addiction Prevention Coalition. She works closely with UAB Medicine’s Dr. Ellen Eaton to work with people with substance use disorders that are at risk of contracting HIV. She is an Associate Licensed Counselor in the State of Alabama, a National Certified Counselor, and a Certified Prevention Specialist. She received her BA in Psychology from The University of Alabama in 2016 and received her MA in Counselor Education from the University of Alabama at Birmingham in 2019. When she is not busy working with APC, she enjoys volunteering with the Junior League of Birmingham, Kitty Kat Haven and Rescue and Girls, Inc. of Central Alabama.**

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| **Zach Ludwig** |

**Zach Ludwig is the Director of Clinical Record Logistics and Continuing Education for Bradford Health Services. He is a Licensed Professional Counselor in Alabama, a Licensed Professional Counselor with Mental Health Service Provider designation in Tennessee, and a Licensed Mental Health Counselor in Florida. He has experience working adults, adolescents, and families of those struggling with substance use disorders and has worked for Bradford since 2011. He worked as a primary counselor and clinical program director at one of Bradford’s outpatient locations in Tennessee prior to assuming a position as Corporate Director of Clinical Programs from 2016 through 2018. In his current role he is part of a team that develops and provides oversight for clinical services and provides continuing education to staff across Bradford Health Services locations.**

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| **Brenda Maddox** |

**Brenda Maddox is the Executive Director for the Tuscaloosa SAFE Center in Tuscaloosa, Alabama. This stand-alone program was a passion that she followed through from inception to completion in 2018. In addition to providing the framework and day to day operation of the program she provides direct patient care to adult and adolescent patients who are victims of sexual assault. The facility offers full-time 24-hour sexual assault services from forensic examinations to follow up medical care, advocacy, and trauma-informed cognitive behavioral therapy. The center boasts a follow-up rate of 80%, providing patients with the aftercare so often missing for this population. A Master’s prepared nurse with a dual degree in education, She brings approximately 30 years’ experience in Women’s Health nursing. She is an internationally published nurse researcher, and her area of expertise is nursing orientation and annual competency assessment. She provides expert medical case and record review for medical malpractice cases. She also serves on the board of the Alabama Chapter of IAFN as the Secretary and Treasurer.**

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| **Dr. Bakahia Madison** |

**Bakahia Reed Madison, PsyD, LCPC, CADC. Dr Madison has received recognition for her successful work in several professional arenas including education, direct practice, leadership, board membership and advocacy. She is the Chair and tenured Professor of the Human Services and Substance Abuse Counseling Program at Oakton Community College. She co-founded the Illinois Coalition of Family Based Treatment. She served as the former co-chair of the IDHS/Substance Use Prevention and Recovery Illinois Advisory Council of Substance Use Disorder-Women’s Committee. She was appointed to the Illinois Public Health Department Maternal Mortality Review Committee- Violent Deaths, and co-chair for NAADAC’s Critical Issues of the Black Community committee. She serves as member of Oakton’s Advancing Racial Justice in Student Learning and Success. She recently has been awarded one of her profession’s highest honors- Hall of Fame- Online Museum of African American Addictions Treatment and Recovery; IAAP Mark Sanders Commitment to Advocacy award; and 2019 Most Distinguish Women of Illinois. She has been a speaker for international, region, and local affiliates, such as the Illinois Certification Board; National Council Mental Health and Addiction Conference; Child Welfare League Association; National Black Child Development Institute; National Drug Court Conference; Association for the development of the Person-Centered Approach; Annual Fatherhood and Families Conference; Northeastern Illinois University, GEAR UP, Annual Training; Governor University; Western Illinois University; and NAADAC of Addiction Professionals.**

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| **Sean Malloy** |

**Investigator Sean Malloy has been in law enforcement for the last 22.5 years consecutively with the last 1.5 years as an investigator with the Alabama State Board of Pharmacy. He is currently responsible for 15 counties that comprise Southeast Alabama. He has worked in several different aspects of law enforcement to include violent crimes, narcotics and juvenile investigations, SWAT Team Operator, DEA Task Force Officer, numerous undercover operations at local, state, and federal levels as well as a supervisor over Vice/Intelligence unit and department training. He has been an APOST certified instructor for the last 8 years with an emphasis on Opioid trends over the last 3 years. Investigator He has served honorably in the U.S. military in both active Army and Air Guard units with 11.5 years combined. He is married with 3 adult sons and a precious 7-year-old daughter who has daddy wrapped around her little finger.**

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| **Maddie Marsh** |

**Maddie Marsh is completing the third year of her doctor in pharmacy program at the University of Georgia College of Pharmacy and plans to graduate in May 2023. She received her Bachelor of Science in Psychology from the University of Georgia in 2017. She has a passion for substance use disorders, particularly the role of education in empowering people in their recovery. Maddie currently works as a pharmacy intern at Alliance Recovery Center where she works with counselors, nurses, and physicians to provide patient-centered care in Medication Assisted Treatment. During her time in pharmacy school, she has been a student of, worked alongside, and presented with her mentor Dr. Merrill Norton. She plans to continue the work in substance use disorders and pharmacy started by Dr. Norton in her pharmacy career.**

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| **Jerria Martin** |

**Jerria Martin serves as a substance abuse prevention and leadership consultant, headquartered in historic Selma, Al. She currently runs two federal grants out of the Executive Office of the President of the United States and serves as a prevention consultant for the federal government with the Substance Abuse and Mental Health Services Administration (SAMHSA), Community Anti-Drug Coalitions of America (CADCA) and regional prevention consultant for the Opioid Response Network. As a minister and leader, her vision, strategies, and communication skills have helped influence public policies with programs that reach out across the cultural divide. With a bachelor’s degree in English from Stillman College and a Master of Divinity degree from Princeton, she has preached and presented nationally and internationally, working with a host of world renown leaders. She currently serves as President of the Rotary Club in Selma, Vice President of Leadership Selma, and Board Secretary of the Black Belt Community Foundation. In 2017, she was elected as an honoree of Birmingham Magazine’s 30 Women Who Shape Alabama and in 2016, as a Top 20 Under 30 Honoree. In 2018, she was named a National TIAA Difference Maker, securing a $10,000 award for her organization, Drug Free Communities of Dallas County.**

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| **John McAndrew** |

**John McAndrew's music has been heard around the world, and at many National Events. While touring, he has performed for and worked with Recovery audiences for over 30 years. His CD, "Forgiven" released in 2016, was in Grammy Consideration three times in the Roots Gospel Category. His newest CD project “Walking Back” has received critical acclaim. He co-hosted along with WestBridge CEO Mary Woods the "One Hour at a Time" Radio Show on "Voice of America" for several years. He is a contributor to the US Journal of Science, writing articles on the benefits of Music in Recovery. He currently is a Recovery Music Specialist / Therapist and Music Services Co-Ordinator at Cumberland Heights, Nashville, TN, providing individual and group therapy. He also helped develop and launch the "Music Professionals Program" at Cumberland Heights.**

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| **Rick Meriwether** |

**Richard Meriwether is currently serving as a Field Coordinator/Health Educator with the Alabama AIDS Education and Training Center (AETC), an initiative of Medical and Advocacy Outreach (MAO) of Alabama. He had been employed with the University of Alabama at Birmingham (UAB), Department of Medicine, Division of Infectious Diseases, as a Program Manager/Health Educator/Trainer beginning in 1994. Prior to his employment with UAB, he was employed by the Alabama Department of Public Health, STI/HIV/AIDS Divisions, as a Disease Intervention Specialist in the STI/HIV program. He has worked in several areas of STI/HIV prevention and control, i.e., epidemiology, research, surveillance, education, clinical/medical/community relations, etc. His work has allowed him opportunities for working with several medical entities, as well as community-based organizations in the areas of prevention education on both the individual and community-based levels.**

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| **Elana Merriweather** |

**Elana currently serves in the capacity of Director of Behavioral Health for Medical Advocacy and Outreach/Copeland Care Clinic. She is responsible for the integration of behavioral health services including substance abuse and mental health services into Ryan White Care settings. She works to develop the administrative, programmatic, and clinical infrastructure for the integration of comprehensive behavioral health services to patients with co-occurring disorders. Previously, she worked at the Alabama Department of Public Health for 15 years where she served as a Health Services Administrator, AIDS Service Coordinator, Program/Training Coordinator, and Public Health Educator for the HIV/AIDS Division, Cancer Screening Division, Office of Minority Health, Office of Women's Health and Center for Emergency Preparedness. She has maintained an ongoing commitment of service to minority and underserved communities that have been impacted by social and health disparities. She has a background of service delivery to people living with chronic health conditions, individuals who are impacted by substance abuse and mental illness, incarceration and offender issues, individuals with disabilities, and homeless individuals. She has served as a trainer at numerous local, statewide, and national conferences to address behavioral health issues including substance abuse, mental health, health disparities, and specialized topics that impact social and minority communities. She has acquired an Ed.S. in Clinical Mental Health Counseling from Alabama State University. She also received an M.Ed. in Community Agency Counseling and a Bachelor of Business Administration Degree in Marketing from the University of Montevallo. She is a member of the Alabama Alcohol and Drug Abuse Association.**

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| **Debbi Metzger** |

**Debbi Metzger is a career Substance Abuse Counselor and Administrator with 28 years of experience in the direct care treatment setting – primarily in outpatient and residential substance use treatment services with various populations. She holds a Master’s degree in Marriage and Family Counseling, and another in Religious Education. She is a National Board-certified counselor, a Master Addiction Counselor with NCCAP, and holds a certification as an Alcohol and Drug Counselor with the Alabama Alcohol and Drug Abuse Association. She was previously employed with the Substance Abuse Programs of UAB, Chilton Shelby Mental Health Centers, and Bradford Health Services. She is employed with the Alabama Department of Mental Health in the Substance Abuse Division as Adult Treatment Services Coordinator managing methadone and MAT programs certified by ADMH across the state of Alabama.**

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| **Kelly Miller** |

**Kelly Miller, LMFT is currently serving as the Interim Director of Collegiate Recovery & Intervention Services at The University of Alabama. Her career has been dedicated to working with Substance Use Disorder and families. She worked for eight years in residential substance use treatment and has been at The University since 2013 where she helped start the programs there including an on-campus Drug Court Program for Students facing suspension to help them stay in school while hopefully making lifestyle changes to help support their success in life. She graduated from The University of Alabama with a bachelor’s in psychology in 2004 and completed her Masters in Marriage and Family Therapy in 2006 from the same institution. She became an AAMFT Approved Supervisor in 2019 and has been helping train new therapists in the field since then. Being a Marriage and Family Therapist has lent itself to her work with addiction well as she has been able to serve not just the client but also their family. She started a family program for her Student’s families and a Family Focus newsletter she sends out monthly to family, supporters, and alumni of the department.**

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| **Denice Morris** |

**Denice attended Tuskegee University and Miles College receiving her bachelor’s in criminal justice and later received a double masters from the University of West Alabama in Counseling Psychology and Adult Continuing Education. She began her career in the substance abuse treatment field at the Aletheia House in Birmingham, AL in 2004. She has also served as Clinical Supervisor and later Director of Substance Abuse, Vocation and Re-entry services at Gadsden Correctional Facility in Tallahassee, FL. Her current occupation is with the Alabama Department of Mental Health Substance Abuse Division as a program manager for certified substance abuse treatment facilities across the state.**

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| **Audra Morrison** |

**Audra is from Greensboro, Alabama. She has two children, Chandler (16 years) and Anna Kate (12 years). She began her career at Hale County DHR in 2012 where she served as the Child Support Collections Clerk. She also provided administrative support for the Child Support and Food Stamps Departments. During her time at Hale County DHR she also re-established the Quality Assurance Team for Family/Children’s Services and supervised family visits. In 2014, she took the first steps toward fulfilling her desire to become a Social Worker by enrolling in the BSW program at the University of Alabama. She received my BSW in 2016 and MSW in 2018. During her Graduate Internship, she established the social services program for University Medical Center in Demopolis, Alabama. Before joining the VitAL team at The University of Alabama, her most recent experience comes from her work as an SBIRT Care Coordinator at Whatley Health Services.**

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| **Kelli Mukaddam** |

**Kelli began working as a Data Specialist and Family Advocate at the National Children’s Advocacy Center (NCAC) in Huntsville in 2017, Kelli is currently the Intervention Grant Manager. She began her career as a Juvenile Probation Officer with the Florida Department of Juvenile Justice in Ft. Myers, Florida, providing direct services and case management to youth arrested for delinquent criminal acts and juvenile sexual offenders. She worked for the Florida DJJ for 12 years and spent 6 years as a Juvenile Probation Officer Supervisor, providing direct services and case management to delinquent youth. In her supervisory role, she was also responsible for training new staff and serving a liaison between DJJ and multiple community partners. She left a direct service role and embraced the position of Data Integrity Officer with DJJ’s Office of Data and Research. In this role, she served as a statewide training facilitator, responsible for training DJJ staff and community partners in one of the largest Juvenile Delinquency databases in the country and worked alongside developers to continue to grow and improve the database. She holds a bachelor’s degree in Criminal Justice from the University of South Carolina.**

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| **Dr. Mercy Mumba** |

**Dr. Mercy Ngosa Mumba is an award-winning scientist and philanthropist. She is a published author in peer-reviewed scientific journals, and her research is widely funded by various agencies, including the National Institutes of Health (NIH). She is an Associate Professor in the Capstone College of Nursing at the University of Alabama. She graduated with her PhD from the University of Texas at Arlington College of Nursing and Health Innovation in December 2016 and with her Honors Bachelor of Science in Nursing in December 2010. Her research focuses on substance use disorders, addictive behaviors, and their comorbid mental health conditions. She is particularly interested in the impact of social determinants of health and the role of health disparities in preventing, treating, and managing these conditions. She is passionate about improving the human condition through evidence-based initiatives and interventions, and is a strong advocate for increasing research productivity, infrastructure, and human capital globally. She is personally involved in many initiatives that improve health care outcomes and promote holistic wellness and quality of life among individuals and communities. As a Professor, she enjoys transferring knowledge to the next generation of nurse clinicians, nurse educators, nurse leaders, and nurse scientists. She is especially grateful for the opportunity to mentor the next generation of scientists, regardless of discipline and profession. She is an exceptional researcher and her intra-professional research lab at the University of Alabama is home to several undergraduate and graduate honor students from various professions and disciplines, including nursing, medicine, biochemistry, psychology, public health, social work, engineering, and education. She has worked collaboratively with and mentored high achieving students for almost 10 years. She believes that mentoring has benefits for both the mentor and mentee, because it invigorates passion for inquiry and discovery. She is also a passionate servant leader who believes in the power of advocacy to affect policy changes that result in positive population outcomes. She serves on many boards and committees internationally, nationally, and locally, Including the International Organization of African Nurses, Lovebound International, the American Psychiatric Nurses Association, the Southern Nurses Research Society, and Sigma Theta Tau International Honor Society of Nursing. She believes in giving back to the profession of nursing through service, scholarship, and mentorship. Professional engagement and service makes her work worthwhile and allows her the opportunity to interact with people from all walks of life from around the world. Every summer, she takes a group of nursing students to Zambia, Africa where she was born and raised on medical mission trips. They set up mobile clinics in rural areas, providing free healthcare services to some of the most vulnerable and disadvantaged communities in Zambia. This is something she is especially passionate about and prioritizes because it is her way of giving back to the communities in which she grew up in. She also works collaboratively with the University of Zambia School of Nursing and Lusaka Apex Medical University to provide consultative services related to uptake and implementation of evidence-based nursing in both the nursing school curricula and practice settings. Her long-term goal as relates to Africa is to improve the quality of nursing education in Zambia and other African countries, increase the number of doctoral prepared nurses on the African continent, and to improve patient outcomes through implementation of person-centered health care systems and processes.**

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| **Melissa Nippert** |

**Ms. Melissa Nippert is a Licensed Professional Counselor Supervisor (LPC-S), with over 18 years of experience in Mental Health and Substance Abuse treatment and counseling. She currently works here in Tuscaloosa in private practice administering assessments, implementing specialized evidenced-based interventions (including EMDR and Motivational Interviewing), and coordinating community referrals as needed to children, adolescents, and adults with a variety of mental health, substance abuse, and emotional issues. She earned her B.A in Psychology at the University of Alabama in 2003 and her M.A. in Community Mental Health Counseling, with a Concentration in Marriage and Family Therapy at U.A in 2008. She has worked as a clinician and program coordinator for multiple agencies including Indian Rivers and Bradford Health Services, with experience in development and implementation of Partial Hospitalization Program and Intensive Outpatient Program development for populations including males with dual diagnosis issues, female residential patients with special trauma needs, adolescents with legal issues, students at the University of Alabama, and children with behavioral issues. She has also administered clinical training and skill guidance for new staff and interns. In addition to providing counseling locally, she continues to provide LPC supervision, local community education, and NBCC approved Continuing Education hours for various professionals in the area.**

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| **Dr. Merrill Norton** |

**Dr. Merrill Norton is an EMMY winning Clinical Associate Professor Emeritus of the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. He was most recently honored by the Georgia Addiction Counselors Association’s Board of Directors and Certification Board with being bestowed the first Certified Master Addiction Counselor (CMAC) credential in the state. His book, *Understanding Substance Use Disorders Pharmacology*, has been used to train thousands of mental health professionals nationally and his latest book, and *The Pharmacist’s Guide to Opioid Use Disorders* was released in December 2018. Dr. Norton completed his undergraduate and graduate work at the University of Georgia College of Pharmacy. He accomplished a three-year addiction medicine fellowship under the direction of Douglas Talbott MD at Ridgeview Institute and has state, national, and international credentials in the treatment of mentally ill/addicted/chronic pain individuals. He has also been a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in the Masters of Psychopharmacology, Alliant International University of San Francisco College of Psychology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology and Addiction Pharmacy. His areas of specialty in addiction pharmacy are the management of chronic pain in the substance use disordered patient and the neuroscience of substance use disorders. Since his recent retirement from UGA, Dr. Norton’s primary focus is to provide the latest scientific information to communities, educators, healthcare professionals, prevention specialists, treatment providers, and especially families, on the diseases of substance use disorders.**

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| **Cayce Paddock** |

**Cayce S. Paddock, MD, is a graduate of the Medical College of Georgia. She trained in psychiatry at the University of Alabama at Birmingham and is board certified by the American Board of Psychiatry and Neurology and in Addiction Medicine by the American Board of Preventative Medicine. She is dedicated to improving the quality of the healthcare experience for patients through education and collaborative work. Her passion for education comes from the belief that knowledge drives culture and breaks down the barriers created by stigma.**

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| **Dr. Wayne Parker** |

**Wayne Parker, PharmD is Assistant Professor of Pharmacology at the Alabama College of Osteopathic Medicine (ACOM) for the past 4 years. Before taking this current position, he was in retail pharmacist in Dothan and in Birmingham. He received my PharmD from Auburn’s Harrison School of Pharmacy and my bachelor’s in biology from University of Alabama. Community focus includes naloxone research, naloxone distribution, and serving of Alabama’s prescribing and dispensing opioid task force. He is happily married with 2 little girls.**

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| **Toria Pettway** |

**Toria N. Pettway, LBSW, BA graduated from Alabama A&M University, where she earned her degree in Social Work. She possesses over 13 years of expertise as a licensed social worker in both nonprofit and government settings. She has a strong passion to reduce stigmas in hopes of promoting diversity, equity, and inclusion for all. Her experience spans from serving marginalized and vulnerable populations in child welfare settings as well as providing case management to those of low socioeconomic statuses with chronic medical and mental health conditions and implementing interventions to help decrease overdose deaths in Jefferson County. Currently, she works for the Jefferson County Department of Health as a Peer Recovery Support Specialist Liaison. In this role, she focuses on building relationships with community partners to join forces in helping address the opioid crisis, one person, and one click at a time utilizing PeerRX. In her spare time, she enjoys spending time with her spouse, Searcy along with their two pets, Shelly, a turtle and a 6-year-old Yorkie, named Zola Rae.**

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| **Angie Pretz** |

**Angie Pretz is a PhD candidate in the School of Social Work at the University of Alabama. Prior to her work in Alabama, she earned her BA in Sociology and MSW from the University of Iowa. Her research interests primarily focus on racial disparities in the criminal justice system, as well as disparities in health outcomes. Her goals for future work include continued research, teaching, and policy advocacy for Black communities.**

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| **Anthony Reynolds** |

**Anthony Reynolds is a Licensed Professional Counselor and a Certified Addiction Counselor with over 35 years working in substance use and mental health treatment. During his career he has developed and managed treatment programs while always participating in direct clinical counseling throughout his career. Mr. Reynolds is very passionate about meeting patients where they are and intervening to promote change when needed, especially those suffering from substance use disorders. He has a very broad and unique knowledge of addiction and mental health having worked with literally thousands of individuals and families. He has direct experience working and managing inpatient, outpatient, hospital, and corrections-based programs. He currently serves the Alabama Department of Mental Health as Crisis Care Project Director. In this role he provides oversight of the implementation of the Alabama Crisis System of Care.**

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| **Ellen Robertson** |

**Ellen Robertson holds a Ph.D. from The University of Alabama in Health Education and Health Promotion. She works under the VitAL initiative as the Project Director for Alabama’s Demonstration Project to Increase Substance Use Provider Capacity (Alabama Provider Capacity Project or APCP) which proposes to increase substance abuse provider treatment capacity by creating a pipeline to expand provider participation options. She also holds a M.A. in Curriculum and Educational Technology from Ball State University and has experience in leading the instructional design of many distance education courses and training opportunities for a variety of disciplines. Prior to coming to The University of Alabama, she was the Health Promotion Manager at Columbus Air Force Base in Columbus, MS. In this role, she assessed needs, planned, implemented, and evaluated evidence-based programs and services aimed at the health improvement and disease prevention of active-duty members and their families.**

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| **Page Rubin** |

**Page Rubin is the owner and director of EvenStill’s Women’s Program in Birmingham, Alabama, a sober living program whose primary goal is to cultivate the desire for long term recovery so that the residents can be proud to share their experience, strength, and hope with others. Prior to opening EvenStill Page spent 10 years with Bradford Health Services. He is a licensed clinical social worker. She believes that the brokenness caused by drug and alcohol addiction can be restored by establishing a strong clinical foundation and working a 12-step program.**

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| **Seyram Selase** |

**Seyram Selase is an executive director, local civic leader and professional real estate agent residing in Anniston, Alabama. He graduated from Berea College in Berea, KY in 2006 and is a product of both Anniston City and Talladega County School systems in Alabama. He is a life member of Alpha Phi Alpha Fraternity, Incorporated and serves his community in numerous roles. In 2008, he moved back home to Alabama to work with a local non-profit and has been working in the field of substance abuse prevention for several years. He currently is the Executive Director of A.S.A.P. (Agency for Substance Abuse Prevention) and Chair of the State of Alabama Prevention Advisory Board (SPAB). He has successfully received and implemented Drug Free Community (DFC) grants, State Block Grants, Opioid grants, and many others. His motto is: “Knowledge is not power but the application thereof.”**

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| **Jeanna Sewell** |

**Jeanna Sewell, Pharm.D., BCACP is an Assistant Clinical Professor in the Department of Pharmacy Practice with the Auburn University Harrison School of Pharmacy. She joined the HSOP faculty on August 2016. She graduated with her Pharm.D. from the Harrison School of Pharmacy in 2014 and went on to complete two years of residency in community pharmacy and ambulatory care at the University of Mississippi School of Pharmacy in Jackson, Mississippi. She maintains a practice site at Mercy Medical Clinic in Auburn, Alabama. Mercy Medical Clinic is an indigent clinic that works to provide primary care serves for uninsured patients in Auburn and the surrounding area. At this site she provides disease state management and transitions of care services. Her areas of interest include transitions of care, diabetes management, and interprofessional education. Sewell also serves as the Director of Interprofessional Education, where she works with other health professions on campus to offer students experiences that teach them how to work as a member of an interprofessional team to provide the best care to patients.**

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| **Dr. Lamea “Elle” Shaaban-Magaña** |

**Dr. Lamea “Elle” Shaaban-Magaña currently serves as Executive Director for The University of Alabama Women and Gender Resource Center, a full-service center providing crisis counseling, individual and group therapy, and advocacy services. She has provided training and consultation across the U.S., including her work providing state standards monitoring of dating/domestic violence survivor services and perpetrator intervention programs. She has worked to expand services to better reach marginalized groups and provide more comprehensive, inclusive coordinated community response. She brings to her work experience in coalition building and outreach program development and has previously worked in the fields of community social services, child welfare, and the judicial system. With over twenty years of service in the field addressing interpersonal violence, she has been recognized as a leader in the field, and the recipient of several honors and awards.**

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| **Jennifer Smith** |

**Jennifer Smith, LMSW is the SBIRT Project Coordinator at the University of Alabama. She earned a master’s degree in Social Work from the University of Alabama. She has more than 10 years of experience in the areas of Child Welfare, Mental Health, and Substance Use. In her current role as SBIRT Project Coordinator, she assists with training social workers and other healthcare providers to provide screening, brief intervention, and referral to treatment (SBIRT). She also assists with integrating SBIRT into healthcare clinics around the state.**

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| **Paula Steele** |

**Paula Steele is a passionate mental health professional who joined WellStone as an outpatient therapist when she and her family moved to Huntsville in 2017. She transitioned to Acute Care Director in June 2019 and became the Director of WellStone Emergency Services (WES) last February. Paula graduated magna cum laude from the University of Arkansas with a BA in Psychology, and later earned her Master of social work from Fayetteville State University in North Carolina. Before coming to Huntsville, Paula traveled the world over with her husband, Matt, who served in the military for 20 years. During that time, she volunteered with care teams, responding to crisis situations in the military community. She received the Order of St. Joan D'Arc Medallion, the top volunteerism award given by the United States Armor Association, along with the Order of Our Lady of Loreto, which honors individuals who demonstrate outstanding support to the Army Aviation Family and Army Aviation Community. Paula learned to be a servant worker from her parents and that core value significantly influenced her career path. “Working in mental health is a humbling experience as the individuals we serve are so brave and become very vulnerable, sharing their innermost thoughts and problems when seeking help,” she said. She and Matt have a full house. Besides three kids, they have two dogs, two cats, a hamster and a snake.**

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| **Thomas Stephens** |

**Thomas Stephens is the Manager of Communications and Marketing for Medical Advocacy and Outreach (MAO). In this capacity, he is helping to define and refine MAO’s brand image and expand the reach and impact of MAO communications about services, prevention messages, and a wealth of topics impacting substance use disorder, HIV, HCV, telemedicine technology, and rural health. Outside of MAO, he is a nonprofit development consultant with an affinity for working with groups dedicated to improving their community through education and innovation, particularly focusing on those dedicated to the arts, culture, health, and the humanities. His professional experiences span more than thirty years encompassing multiple industries including the arts, elementary/secondary education, philanthropy, and community health. He has served on the Boards of the Delaware Alliance for Arts Education, the South Jersey Cultural Alliance (SJCA), the core curriculum writing teams for Delaware and Ohio, and countless project planning committees supporting historic and cultural preservation, HIV/AIDS awareness and education, mental health, animal protection, and inclusion for people with developmental disabilities. He currently serves as President and Co-founder of Northwest Hills Youth and Family Services (CT), a nonprofit youth and family counseling agency dedicated to the use of clinical and creative therapeutic approaches. A committed lifelong learner, he has amassed many specialty certifications, including those in Digital Marketing, Customer Engagement, Social Media, Strategic Planning, Digital Analytics, and even Mental Health First Aide (for Adults and Youth), among others supporting professional interests. Early in his professional life, he earned an Associate Degree in Theater Performance before a shift in career goals resulted in his receiving honorary humanities/humanistic studies (Master’s) and nonprofit business administration (Bachelor’s) degrees, both awarded by professional endorsement for his work in education, nonprofit development, and public information arenas. In addition to being a respected nonprofit administrator/developer, he has been a freelance columnist/writer, poet, actor, vocalist, performing arts instructor, and a presenter on topics related to audience development, branding, nonprofit resource development, social/digital marketing, and community engagement.**

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| **Jennifer Sulik** |

**Jennifer Sulik has spent her entire career at the forefront of media evolution. She was pioneering digital and social campaigns when most in this industry were trying to understand the concept and integration. Her love for serving the community, enhancing brands and missions, and desire to create meaningful campaigns have landed her in the driver’s seat of the world’s most high-profile media outlets and nonprofit organizations. She refined her talent by spending over two decades leading and learning from pioneers in the industry. She has served as the Digital Media Director of WXYZ-TV, a Scripps Company based in Detroit. She returned to her hometown after spending five years in San Francisco where she led multiple multi-million-dollar campaigns, working for I Heart Media and as Director of Global Strategies for UBM Tech. This experience allowed her the knowledge and leverage to become Founder and CEO of one of the nation’s leading digital media agencies, Go Media. At Go Media, Ms. Sulik continues her media prowess by integrating targeted campaigns across all digital platforms. Go Media is laser focused on building strategic communications that inspire audiences to entrench themselves in community education, awareness, and especially prevention. She is a devoted mom to two pre-teen daughters who love to volunteer in the community as a family, as well as a dedicated board member for The Youth Connection in Detroit. She spends much of her personal time helping coalitions across the nation build collaborative programs for prevention and awareness efforts in their communities.**

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| **Edward Taylor** |

**Edward Taylor is the Prevention Program Coordinator with the Addiction Prevention Coalition (APC). He holds a B.S. from Auburn University in Philosophy and a M.S. in Management from Troy University. With the APC, he coordinates various evidence-based prevention programs in the city of Birmingham. He is passionate about guiding youth towards healthy decision-making, advocacy for those struggling with SUD, and supporting those in recovery from SUD. He uses his experiences to help others avoid SUD and fulfill their potential. In his free time, he loves to read, watch movies, listen to music, and play the drums.**

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| **Stephen Taylor** |

**Dr. Stephen Taylor is board-certified in general psychiatry, child and adolescent psychiatry, addiction psychiatry, and addiction medicine. In his 25 years of practice experience, and as an educator and presenter, his life’s work has been to help adolescents and adults avoid or overcome addiction disorders and co-occurring general psychiatric disorders. He is completing his 14th season as the Medical Director of the Player Assistance and Anti-Drug Program of the National Basketball Association (NBA) and the National Basketball Players Association (NBPA). He also serves as the Chief Medical Officer of the Behavioral Health Division of Pathway Healthcare, a company that has opened and is operating 13 outpatient mental health and addiction treatment offices across Alabama, Mississippi, Tennessee, and Texas, and is currently working on opening additional offices in Louisiana and Virginia. He is a Distinguished Fellow of the American Psychiatric Association and a Fellow of the American Society of Addiction Medicine (ASAM). He is the immediate past president of the Alabama Society of Addiction Medicine (ALSAM). He currently serves on ASAM’s Legislative Advocacy Committee and ASAM’s Public Policy Committee, and recently co-chaired ASAM’s Writing Subcommittee on Advancing Racial Justice in Addiction Prevention, Treatment and Recovery, which has released ASAM’s new Public Policy Statement on Advancing Racial Justice in Addiction Medicine. He also chairs ASAM’s Delegation to the AMA House of Delegates and is a member of the ASAM Board of Directors. He is a certified Medical Review Officer (MRO) and serves on the Board of Directors of the Medical Review Officer Certification Council (MROCC). He also serves on the Drug Testing Advisory Board (DTAB) of the Center for Substance Abuse Prevention of the Substance Abuse and Mental Health Services Administration (SAMHSA), and he serves on the Board of Directors of the Addiction Prevention Coalition, a non-profit community organization in Birmingham, AL. An honors graduate of Harvard College, with a Master of Public Health degree from the Harvard School of Public Health and a medical degree from Howard University College of Medicine, he completed residency training in pediatrics, psychiatry and child and adolescent psychiatry at the Albert Einstein College of Medicine/Bronx Municipal Hospital Center, and then completed a fellowship in addiction psychiatry at New York University School of Medicine/Bellevue Hospital Center.**

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| **Jana Thomas** |

**Jana has been working since 2015 as a Family Advocate at the National Children’s Advocacy Center (NCAC) in Huntsville, AL. In 2019, she completed the Canine Companions Team Training and is a certified Facility Dog Handler. She is co-handler for NCAC Facilities dog, Wilson VI. She began her career as a Social Worker at Cumberland Hall Psychiatric Hospital in Nashville, Tennessee, providing direct services and case management to pediatric and adolescent patients. While at Cumberland Hall, she also worked for the Institute of Learning Research, an alternative day school for students who struggled in other academic settings and had Special Education Individualized Education Plans for emotional and behavior issues. She also worked six years as a Juvenile Probation Officer with the Davidson County Juvenile Justice Center in Nashville before returning to live North Alabama. Prior to her current position at NCAC, she was as a Social Worker with the Lauderdale County, AL Department of Human Resources. She received her Bachelor’s in Social Work from the University of North Alabama in Florence, AL and is licensed by the Alabama State Board of Social Work.**

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| **Cyndi Turner** |

**Cyndi Turner, LCSW, LSATP, MAC is the Co-Founder & CEO of Insight Into Action Therapy and Insight Recovery Centers. She is a harm reduction therapist who has been in the addiction treatment field for almost three decades. She co-developed the Dual Diagnosis Recovery Program©, is a clinical supervisor for licensure, expert witness, therapist for players involved in the National Football League Program for Substances of Abuse, Co-Chair of Moderation Management’s Board of Directors, and nationally recognized trainer on alcohol moderation and harm reduction methods. She challenges the traditional belief that all drinkers experiencing problems are “alcoholics” who need to quit drinking forever and designed the Alcohol Moderation Assessment which predicts who may be successful candidate for alcohol moderation. She is the author of numerous articles and three books *Can I Keep Drinking? How You Can Decide When Enough is Enough, The Clinician’s Guide to Alcohol Moderation: Alternative Methods and Management Techniques and Practicing Alcohol Moderation: A Comprehensive Workbook.***

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| **VonZell Wade** |

**Dr. VonZell Wade is the Co-founder of Lost Dreams Awakening (LDA) Recovery Community Organization (RCO), New Kensington, Pennsylvania, an Advanced Implementation Specialist (AIS) with the Opioid Response Network (ORN) at UMKC, Dr. Wade is a Licensed Professional Counselor (LPC) and the owner of Luo Counseling Center, Lower Burrell, PA. Dr. Wade graduated from Seton Hill University, Greensburg, PA, earning a Bachelor of Arts in Human Services; and Duquesne University, Pittsburgh, PA, where he earned his Master of Science in Education and Ph.D. in Counselor Education and Supervision. Dr. Wade is a Certified Clinical Trauma Professional (CCTP), a Recovery Coach Trainer of Trainers (TOT) and an adjunct faculty member of Faces and Voices of Recovery, Washington, DC. Dr. Wade is also the co-developer of Pennsylvania’s Peer Recovery Support Workforce (PRSW) Program – a six-week curriculum developed in response to the Covid-19 crisis for the PRSW; a co-developer of the Embracing Differences Program designed for and delivered to Law Enforcement, educators, and students; Dr. Wade is a skilled facilitator of the Bridge to Faith Program - designed to educate communities of faith on Substance Use Disorder Prevention, Treatment, and Recovery. Dr. Wade serves to advance research for recovery support for justice-involved and emerging adult populations as a JEAP Initiative Provider and Payor Board Member. Dr. Wade has provided care and training in the realm of Substance Use Disorder and Mental Health for over 20 years, serving both the adult and adolescent population. Dr. Wade has been in recovery since 1991, and is active in multiple recovery pathways, self-help, and change groups.**

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| **Renita Ward** |

**Renita Ward is the Criminal Intelligence Analyst with the Alabama Law Enforcement Agency/High Intensity Drug Tariffing Area (HIDTA). She** assists with drug trafficking cases which include but are not limited to background information on suspects, telephone toll analysis, analyzing social media, and gathering other facts on assets and suspects from multiple databases. She testifies in court on data gathered for cases. She also writes the Alabama drug threat assessment which requires retaining and documenting multiple statistics from state and federal agencies, as well as treatment facilities.

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| **Tony Watkins** |

**Tony is a Marriage and Family Therapist licensed in Alabama and Kentucky and is an AAMFT clinical fellow and AAMFT approved clinical supervisor. He is the clinical director of the CU Well Counseling Center, the outpatient practice of the masters in Marriage and Family Therapy program at Campbellsville University. He utilizes his 20-plus years of clinical experience providing support for clients with suicidal ideation, couples with conflicted relationships, adolescents and adults with varying relationship, mental health and substance abuse disorders and children with behavioral problems. As a trainer and consultant, he is a Master Trainer for Assessing and Managing Suicide Risk (AMSR), Applied Suicide Intervention Skills Training (ASIST), Question, Persuade, Refer (QPR) and Mental Health First Aid (adult and youth). He has provided AMSR training to thousands of mental health professionals and as a Master Trainers. As a partner in the continuing education training company Interactive CE Training, he provides continuing education training on a wide variety of mental health professional topics. He consults with communities and organizations to create suicide-safer communities and provides training for professionals and non-professionals across the country.**

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| **Karen Watkins-Smith** |

**Karen Watkins-Smith is a registered nurse who works at the Alabama Department of Mental Health as the Director of Certification Administration. The Office of Certification Administration is responsible for certification of all community facilities providing services to ADMH consumers in Alabama. The office maintains database of all community programs, processes applications for certification to appropriate ADMH service division, compiles ADMH provider site visit reports and certificates for distribution, and processes provider plan of action to appropriate ADMH service division and notifies provider of the ADMH service division’s decision. She was previously employed with the Alabama Medicaid Agency as the Associate Director of Mental Health Programs. In that position, she wrote policy, ensured compliance with state and federal laws, recommended and designed health programs and policy for the many programs under the Mental Health Programs Unit. Those programs included: Early Intervention, Behavioral Health (Licensed: Psychologists, Counselors, Marriage and Family Therapists and Social Workers), and Rehabilitative Services (Mental Illness, Substance Abuse and Autism) programs. She started her state career with the Alabama Department of Mental Health as the Facility Continuous Quality Improvement Nurse overseeing the QA/QI processes of the seven-state inpatient psychiatric facilities and three state inpatient psychiatric long-term care facilities. She graduated from Tuskegee University, is married with two children. Public service remains her greatest passion and life’s calling, a challenge she has taken on with pleasure.**

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| **Brooke Whitfield** |

**Brooke Whitfield has worked in the field of behavioral health for over fifteen years. She has experience in working with individuals with substance use disorders, serious mental health conditions, developmental disabilities, and co-occurring disorders. She has provided direct service to various age groups in different community settings including residential treatment settings, outpatient treatment settings, institutional settings, and in-home settings. She has provided group counseling, individual counseling, family counseling, crisis counseling, case management services, and assessment services throughout her career. She also served as the expert witness for probate court within the Shelby County Probate Court for multiple years providing testimony about mental health conditions and symptoms. She has worked as a Mental Health Specialist for the Alabama Department of Mental Health (ADMH) for over five years in both subdivisions of mental illness and substance abuse treatment services. She obtained her Masters of Arts (MA) Degree from the University of Alabama at Birmingham (UAB) in 2015 in community mental health counseling. She is a licensed Professional Counselor (LPC) in Alabama, and she is a nationally certified counselor (NCC) through the National Board of Certified Counselors (NBCC).**

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| **Carie Wimberly** |

**Carie Wimberly is a nonprofit executive with over 25 years of leadership in communications, systems, project management and grant management. This experience combined with her family's multiple battles with substance use disorder (SUD) allows Wimberly a unique lens through which she now leads a successful SUD awareness, prevention and connection nonprofit in Birmingham, Alabama. She prides herself on collaborating with other community and state organizations to create comprehensive programs and services. However, discovering creative ways to connect with today's youth and encourage them to make healthy life choices that protect their future is her personal passion and mission. In her spare time, she, and her husband - who also works in the SUD and recovery field - lead enneagram workshops and are active in their local church. They enjoy spending quality time with their children and grandchildren, as well as their 2 Goldendoodles Phoebe and Jasper and their cat Gracie.**

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| **Glenn Winkler** |

**Glenn P. Winkler, M.Ed. ICADC LPC is a Therapist in the Behavioral Health Department of Medical Advocacy & Outreach (MAO) in Montgomery, AL. He graduated with a bachelor’s degree in Psychology from Southeast Missouri State University in Cape Girardeau, MO in 1997. In 2000, he obtained a master’s degree in Counseling Psychology/Community Agency Counseling from Auburn University and began work as a counselor in the evening intensive outpatient program at Chemical Addictions Program (CAP) in Montgomery, AL. He maintained this job until 2014 when he transferred to the Assessment Specialist position at CAP which continued until the end of 2020. During that time, he was certified by the Alabama Alcohol & Drug Abuse Association (AADAA) as an Alcohol and Drug Abuse Counselor. In 2020, he was licensed by the Alabama Board of Examiners in Counseling as a Licensed Professional Counselor (LPC). He worked briefly for Aletheia House’s evening outpatient program in Montgomery, AL before being hired as a Behavioral Health Therapist at MAO in June 2020 where he is presently employed.**

**2023 Call for Proposals**

**ASADS** is in the process of planning our 47th 2023 school and would love for you to consider applying as a presenter.

The school will be held March 21-24, 2023 at the Bryant Conference Center in Tuscaloosa, Alabama.

**ASADS** offers a unique opportunity for professional development, information exchange and networking. It is designed to address the need for knowledge and skill development through advanced training. We have had a proud history of providing education encompassing the fields of Prevention, Treatment and Recovery for over forty (40) years. Throughout the four-day school more than 900 participants will have access many half-day courses as well as in-depth skill building one day courses, exciting plenary speakers, and the presentation of the Carl Nowell Award.

We expect participants to come from a variety of settings and possess a range of skills and experience. Attendees may include prevention practitioners, treatment, recovery and youth development practitioners, state and community leaders, agency directors and staff, juvenile justice and adult corrections practitioners, people in recovery and their allies, health care practitioners, educators, and faith-based groups.

If you are interested in supporting ASADS by becoming a presenter, please complete this form including the required attachments **no later than May 31, 2022**.

**Suggested Topics are listed below but not limited to the following:**

**Prevention Topics** include, but are not limited to, HIV/AIDS, prevention ethics, managing disruptive behavior, sustainability planning, cultural competency and addressing behavioral health disparities, underage drinking, community level change strategies, coalition building/development, prescription drug abuse, prevention advocacy, marijuana prevention education/legalization, mental health promotion, suicide prevention, prevention programs geared toward specific populations (youth, college, military, etc.) and impact on the workplace.

**Youth Development Topics** include, but are not limited to, evidence-based practices in working with youth, relationship between youth development and prevention, treatment and/or recovery, youth voice and choice, youth led campaigns, high-impact activities, creating youth friendly spaces, understanding the teen brain, and building effective relationships with youth.

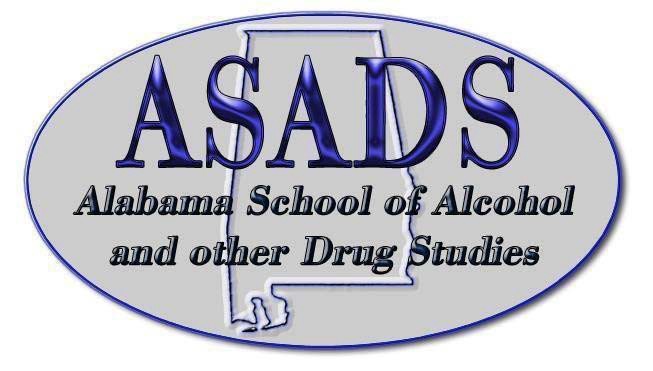
**Treatment Topics** include, but are not limited to, abstinence-based treatment, addiction counseling competencies, treatment addressing the need of specific populations (veterans, adolescents, collegiate, gender, LGBTQ, young adults), co-occurring disorders, ethics, evidence-based programs, strategies for family treatment, medication-assisted treatment, motivational interviewing, relapse prevention, senior population and substance use, technology-based therapeutic tools, trauma, and clinical supervision.

**Recovery Topics** include, but are not limited to, recovery support services, role of peer-based recovery support, forensic peer specialists, youth peer support, creating a culture of recovery, medication in support of recovery, recovery community organizations (funding and making the business case), science of addiction and recovery, creating the expectation of recovery, role of family and community in recovery, and addiction advocacy in local communities.

# **Wellness for Professionals Topics** include, but are not limited to, personal wellness for substance abuse counselors, [doing our own work: a parallel process](http://ct.counseling.org/2015/08/doing-our-own-work-a-parallel-process/), impairment prevention, setting boundaries for self-care, identifying risk factors, life balance, self-checkup, finding renewal, cultivating habits of self-care, career-sustaining strategies, burnout, coping skills, stress management, practicing mindfulness, and wellness activities: cognitive, emotional, physical and spiritual.

**Primary Care and Behavioral Health Integration Topics** include, but are not limited to, best practices for creating and implementing integrated care systems, carebest practices to facilitate changes in culture towards integrated health best practices to recruit, train, and retain an integrated health workforce, including practical ways to involve peer support specialists and community health workers.

**Final selection of proposals will be completed by October 1, 2022**. Selected presenters will be notified by email. Those not selected will be advised**. If you are interested in submitting a proposal for the 2023 Alabama School of Alcohol and Other Drug Studies, please visit our website at** [www.asadsonline.com](http://www.asadsonline.com).



***ASADS***

47th Annual Conference

March 21-24, 2023

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