

SA Discharge Summary

CLIENT NAME: John Doe **CASE #:** 123456

TRANSFER: _____ (OR) **Discharge Date:**
3/01/2022

START DATE: _____ **Completion Date:** _____

Reason for Discharge: Client completed all requirements of Outpatient treatment program. Counselor feels client is in the Action stage of change as evidenced by the changes client has implemented in his life since being in treatment. Client reports he is an active member in his AA/NA group and has been staying away from people who drink. Client's referral source also reports client's ability to cope with his anger has significantly improved since being in Level 1 – SA OP.

Progress toward Service Plan Goals & Program Participation: Client completed all goals/objectives on Individual Service Plan. Client identified ways to deal with triggers, ways he will use his support system towards maintaining his sobriety and has begun to identify how his anger contributed to his substance abuse.

Client's status at discharge: Guarded. Counselor feels client has a good chance of achieving long-term recovery if he follows recommendations agreed upon with his counselor and utilizes the knowledge learned since being in treatment.

Continuing care goals: Counselor recommends client continue following requirements of Drug Court, attend at least 2 support groups (NA/AA meetings, Celebrate Recovery etc.) per week, and get a Sponsor. Counselor also recommends that client continues to implement his relapse prevention skills and anger management skills in order to "stay out of trouble."

Circumstances that may require a return for addiction treatment or care:
Relapse

Primary Counselor Signature

Date

Program Director or Clinical Supervisor

Date

Client Signature (when possible)

Date